things like that, of course. You cannot belong to Christ Jesus unless you crucify all selfindulgent passions and desire.

Since the Spirit is our life, let us be directed by the Spirit.

The word of the Lord.

Gospel Acclamation Mt 28:19-20

Alleluia, alleluia! Go and teach all people my gospel. I am with you always, until the end of the world. Alleluia!

Sequence

Holy Spirit, Lord of light, From the clear celestial height Thy pure beaming radiance give.

Come, thou Father of the poor, Come with treasures which endure; Come, thou light of all that live!

Thou, of all consolers best, Thou, the soul's delightful guest, Dost refreshing peace bestow;

Thou in toil art comfort sweet; Pleasant coolness in the heat; Solace in the midst of woe.

Light immortal, light divine, Visit thou these hearts of thine, And our inmost being fill:

If thou take thy grace away, Nothing pure in man will stay; All his good is turned to ill.

Heal our wounds, our strength renew; On our dryness pour thy dew; Wash the stains of guilt away:

Bend the stubborn heart and will; Melt the frozen, warm the chill; Guide the steps that go astray.

Thou, on us who evermore
Thee confess and thee adore,
With thy sevenfold gifts descend:

Give us comfort when we die; Give us life with thee on high; Give us joys that never end.

Gospel

15:26-27; 16:12-15

from the holy Gospel according to John

Jesus said to his disciples:

'When the Advocate comes, whom I shall send to you from the Father, the Spirit of truth who issues from the Father, he will be my witness. And you too will be witnesses, because you have been with me from the outset. I still have many things to say to you but they would be too much for you now.

But when the Spirit of truth comes he will lead you to the complete truth, since he will not be speaking as from himself but will say only what he has learnt; and he will tell you of the things to come.

He will glorify me, since all he tells you will be taken from what is mine. Everything the Father has is mine; that is why I said: All he tells you will be taken from what is mine.'

The Gospel of the Lord.

St Michael's Parish Contacts

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Fr Patrick Faherty, Parish Priest	4423 1712
Fr Richard Healey, Assistant Priest	4423 1712
Fr Leo Duck, Resident in Vincentia	4441 5571
Fr Ronan Kilgannon, Resident in Kangaroo Valley	
Mr Duane Fernandez, Seminarian	4423 1712
Mrs Robbie Forsythe, Secretary	4423 1712
Sr Margaret Prendergast sgs	4421 2260
Sr Patricia Lawless sgs	4421 2260
Sr Val Green rsc	4441 7035
Mrs Lyn West, Catechist Coordinator	4423 1009
St Michael's Primary School	4421 3630
St John the Evangelist High School	4423 1666

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Our Sunday Word

St Michael's Parish, Nowra

nowraparish.org.au

Pentecost Sunday (Year B)

31 May 2009

First Reading

2:1-11

A reading from the book of Acts

When Pentecost day came round, the apostles had all met in one room, when suddenly they heard what sounded like a powerful wind from heaven, the noise of which filled the entire house in which they were sitting; and something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit, and began to speak foreign languages as the Spirit gave them the gift of speech.

Now there were devout men living in Jerusalem from every nation under heaven, and at this sound they all assembled, each one bewildered to hear these men speaking his own language. They were amazed and astonished. 'Surely' they said 'all these men speaking are Galileans? How does it happen that each of us hears them in his own native language? Parthians, Medes and Elamites; people from Mesopotamia, Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya round Cyrene; as well as visitors from Rome - Jews and proselytes alike - Cretans and Arabs; we hear them preaching in our own language about the marvels of God.'

The word of the Lord.

Responsorial Psalm

R/Lord send out your Spirit and renew the face of the earth.

1. Bless the Lord, my soul! Lord God, how great you are, How many are your works, O Lord! The earth is full of your riches. (R.)

Ps 46

2. You take back your spirit, they die, returning



to the dust from which they came. You send forth your spirit, they are created; and you renew the face of the earth. (R.)

3. May the glory of the Lord last for ever! May the Lord rejoice in his works! May my thoughts be pleasing to him. I find my joy in the Lord. (R.)

Second Reading 5:16-25 *from the letter of St Paul to the Galatians*

If you are guided by the Spirit you will be in no danger of yielding to self-indulgence, since self-indulgence is the opposite of the Spirit, the Spirit is totally against such a thing, and it is precisely because the two are so opposed that you do not always carry out your good intentions. If you are led by the Spirit, no law can touch you. When self-indulgence is at work the results are obvious: fornication, gross indecency and sexual irresponsibility; idolatry and sorcery; feuds and wrangling, jealousy, bad temper and quarrels; disagreements, factions, envy; drunkenness, orgies and similar things. I warn vou now, as I warned vou before: those who behave like this will not inherit the kingdom of God. What the Spirit brings is very different: love, joy, peace, patience, kindness, goodness, trustfulness, gentleness and self-control. There can be no law against



St Michael's Parish, Nowra - Tel: 4423 1712 E-mail: office@nowraparish.org.au

PENTECOST SUNDAY (Year B) 31 May 2009

Website: nowraparish.org.au Incorporates the Church Communities of St Michael, Nowra; St Patrick, Berry Sacred Heart, Bomaderry; Mary, Help of Christians, Culburra; St Joseph, Kangaroo Valley; Holy Spirit, Vincentia.

Sunday Masses:

 NOWRA
 6pm Vigil; 8am, 9.30am & 6pm

 BERRY
 8.00am

 BOMADERRY
 9.30am

 CULBURRA
 6pm Vigil

 VINCENTIA
 6pm Vigil, & 9.30am

 KANGAROO VALLEY
 11.00am

MASSES DURING THE WEEK

Nowra: Mon 7.00am; Tues/Wed/Thurs 8.15am;

Friday 7.00am and 11.30am; Sat 9.00am

Bomaderry: First Friday - 5.45pm

Vincentia: Mon, Thur, Fri 8.00am - Tues, Wed 5.30pm

S/Heads: Fri 3.30pm Community Centre

Kangaroo Valley:Mon/Tues/Thurs/Sat 8.00am; Wed 6.15am. Divine Office is chanted 15 mins prior to Mass. No Mass on Fridays.

Sacrament of Confession ~ Reconciliation

Nowra: Sat 11³⁰-12³⁰pm & 5⁰⁰ - 5³⁰pm **Culburra Beach:** Sat 5³⁰pm. **Berry:** Tues 6⁰⁰pm **Bmderry:** 1st Fri 5¹⁵pm; **K, Valley:** Sat 4³⁰ – 5⁰⁰pm

Vincentia: Sat: 5⁰⁰ - 5³⁰pm.

1ST **SATURDAY MARIAN DEVOTIONS** – Sat 6 June. Reconciliation 8.30am followed by Mass at 9.00am. Exposition of the Blessed Sacrament with Rosary and Benediction 9.30am. Morning tea will be available in the Parish Centre after devotions. **ALL WELCOME.**

WE PRAYERFULLY REMEMBER Anka Vahovec recently deceased; also Maureen Doyle; Blandino and Emilia Coloma whose anniversaries occur. May they rest in eternal peace.





HOLY SPIRIT VINCENTIA FEAST DAY – Pentecost Sun 31 May – A BBQ will be held in the Church grounds from 12 noon. Sausages/bread supplied. BYO

other picnic necessities. A great opportunity for a community gathering.

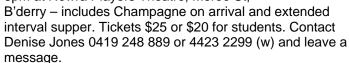
St Vincent De Paul Festival Mass: The S'haven Regional Council invites Presidents, Conference Members, past Members and volunteers to attend the Festival Mass and Gathering for the 75th Anniversary of the Society in the Shoalhaven on Sat 13 June at Nowra. Mass commences at 10am followed by morning tea and lunch in St Michael's Hall, concluding approx 2.30pm. RSVP Fran 4454 4592 by 5 June. (Please note no 9.00 a.m. that morning, and parishioners are encouraged to attend the 10.00.a.m. Mass.)

ST VINCENT DE PAUL SOCIETY Developments. You may have noticed building activity on the old Muller's Funerals site in Berry St, Nowra. The Society is building a new Centre there, with a retail facility at the front and a family assistance area at the rear as the old centre has become very congested. Later in the year, John Purcell Hostel is to be redeveloped and expanded with completion expected sometime in early 2010.

CATECHIST APPEAL – Several Catechists will be leaving next term. Volunteers are needed for Nowra Primary 3 -6 and Cambewarra 5/6 or they won't be having Scripture until 2010. If you are able to help until Christmas please contact Lyn 4423 1009.

The centenary of the death of BLESSED MARY MACKILLOP on her Feastday 8 Aug. All are welcome to watch the broadcast of the Centenary Mass at Nth Sydney Oval where covered seating is available. Entry tickets are not required to the Oval. Mount St will be open on the day – more info to follow.

MOTHER RUTH SCHOLARSHIP FUND a Gala Theatre Evening - "She Stoops to Conquer" on Wed 24 June from 7.30pm for 8pm at Nowra Players Theatre, Meroo St,



YOUNG ADULTS GROUP – next meeting Mon 1 June at 8pm in the Parish Centre. Guest speaker Duane Fernandez, seminarian, currently residing in the Parish will give a talk about his journey towards the priesthood.

PENTECOST: "The Holy Spirit makes present in the Church of every time and place – the Revelation brought by Jesus Christ." (Pope John Paul)

"In the Scriptures, by the Spirit, may we see the Saviours face, hear His word, & heed His calling, know His will & grow in grace."

FREE TICKETS TO SEE MATT MAHER LIVE!

Matt is returning to Sydney to celebrate the 1st Anniv of WYD08. The Diocese has a number of complimentary tickets for his Sydney concerts – Fri 3 July 6.30 – 9.00pm at Ashfield – contact Loretta 4253 0809 or youth@dow.org.au. Buses are being organized (a small fee) departing Albion Park.



CWLA Nowra Branch Annual General Meeting will be held on Tues 9 June at 11.00am at the Parish Centre followed by a light luncheon

BIBLICAL SPIRITUALITY, LIVING A LIFE OF FAITH

TODAY – presented by international guest speaker Barbara Bowe rscj, Professor of Biblical Studies, Boston College on Sat 6 June at St Mary Star of the Sea College Library, W'gong from 10am to 3pm. Gold coin donation. Please bring own lunch. RSVP Jane Edwards 42530900 or jane.edwards@woll.catholic.org.au

WALK WITH CHRIST. On the Feast of Corpus Christi on Sun 14 June the Bishops of Sydney will lead the Procession of the Blessed Sacrament through Sydney starting from St Patrick's Church Hill, Wynyard and finishing at St Mary's Cathedral. For more information www.lsydney.catholic.org.au or phone 9390 5996

SACRAMENTAL PREPARATION:

1ST Reconciliation: 2nd. Parent Evening Wed. June 10th. – 7.30.pm. - St Michael's Hall

CONFIRMATION – Prayer time – Candidates and Parents – Wednesday June 17th. 7.00. p.m. at St Michael's Church - for all regions of the Parish.