



Sunday Masses:

Nowra: Vigil 6pm, 8.00am, 9.30am & 6.00pm
Berry: 8.00am
Bomaderry: 9.30am
Culburra: Vigil 6.00pm,
Vincentia: Vigil 6.00pm,
and 9.30am
Kangaroo Valley: 11.00am.

Masses during the Week

Nowra: Mon. 8.00am, Tues/Wed/Thurs 8.15am,
Fri. 7.00am and 11.30am, Sat. 9.00am.
Holy Hour Fri: 10.30 – 11.30am

Berry: Tues 5.30pm**Culburra:** Thurs 5.30pm
Vincentia: Mon/Thurs/Fri 8.00am, Tues/Wed 5.30pm
Kang Valley: Mon/Tues/Thurs/Fri/Sat 9am, Wed 7am
**(Please note Friday afternoon Mass at Shoalhaven
Heads will resume on Feb 7th 2014)**

Confession / Reconciliation

Nowra: Sat 11.30am – 12.30pm,
Culburra: Sat. 5.30pm
Vincentia: Sat 5.00 – 5.30pm

SVdP Rosary: Tues 9.30am St Michael's Church. All welcome

Feastdays:

Tues 28 Jan: **St Thomas Aquinas**, priest, doctor
Fri 31 Jan: **St John Bosco**, priest
Sunday Feb 2nd The Presentation of the Lord.

We prayerfully remember the recently deceased: **Barbara Leighton** (Wollongong, former secretary at the Cathedral 1971-80). Also **Mark S. Pereira** (Malaysia), **Ken Harris**, **Lesley Lewis**, **Eithne Wood**, **Ivy Whitefield**, **Maria Trang**, and **Teodoro Labrador** whose anniversaries occur at this time. May they rest in eternal peace.



Annual Dominican Retreat for men aged 18-35 Benedict XVI Retreat Centre, Grose Vale, 21-23 Feb. Speakers include Fr Anthony Walsh OP & Fr Dom Murphy OP. **Theme:** "Grace and Truth". **Cost** \$200 – includes meals & accommodation. Register by 10 Feb. For more information and to register contact Br James Baxter OP – james.baxter@op.org.au



Catechists' Corner: Help us spread the Word of God by becoming a Catechist in 2014. Vacancies exist at Terara years Kinder-6; Shoalhaven Heads years Kinder-6; Falls Creek years Kinder-6 & Nowra year 6. *We need your help.* Ring Lyn 4423 1009 for more information.

Tuesday Jan 28th - Feast of St Thomas Aquinas:

I invite and encourage our Teachers and Catechists to attend morning Mass at 8.15.a.m., to invoke God's guidance and blessing on Teachers, Catechists and students as the new School Year begins. (Fr Pat)

The Lenten Program "Encounter" begins the week of 3 March.

Parishioners are called to lead / host groups, either in homes or in the Parish Centre. If you are interested please ring/ leave a message: Francene 4421 5962; Tina 4422 9250; or Bernie 4421 2968.



Holy Spirit Vincentia Auxiliary Meeting Saturday 1

February at 1pm in the Hall. All are welcome and a special invitation is made to leaders of various Groups within the Holy Spirit Community.

First Sat. Marian Devotions – 1 Feb.

Mass at 9am followed by Adoration of the Blessed Sacrament with Reconciliation, Rosary and Benediction at 10.30. Morning tea is available in the Parish Centre. *Everyone is most welcome.*



CatholicCare is offering a **Pastoral Care Training Program** for those who would like to be part of a Pastoral Care Team or to acquire some pastoral care skills. Holy Spirit Vincentia: Tuesdays for 8 weeks **11 Feb - 1 April**, 9:30am-3:30pm. Please contact Carmen Karauda, the Aged Care Advocate for the Wollongong Diocese, on 4640 8515, 0448 930 287 or carmenk@catholiccare.woll.catholic.org.au

A Prayer for the Nation

Grant , we pray, O Lord our God, that as the Cross shines in our southern skies, so may Christ bring light to our nation, to its peoples old and new, and by saving grace, transform our lives. From ancient times you made this land a home for many peoples. Grant us grace to walk together the ways of justice, compassion and peace. We pray this through Christ Our Lord. Amen.



CatholicCare Family & Relationship programs.

Bookings for a range of education programs to assist adults, children & young people develop & enhance healthy relationships & wellbeing. Call 4227 1122 (W'gong) or 4421 8248 (Nowra) to book into a course or go to www.catholiccare.dow.org.au to view 2014 courses.

menALIVE BREAKFAST hosted by Bhp Peter Ingham, Xavier Centre, Harbour St W'gong. **Theme** 'Fire In Your Life' 7.30am **Sat 15 Feb** \$15. All men 16 to 60+ invited. **Speaker:** Robert Falzon founder of menALIVE – has a passionate belief that God wants each of us to experience life in all its fullness.. **To book:** Vince 0413 126 095, Jude 42 222 407, Peter 0418 123 824, Jeff 0422 000 623, Phil 0434 894 589.

SECET fundraising BBQ: Sat 22 Feb the Bunnings BBQ will be run by SECET (bringing Christian education to High Schools).as a fundraiser. If you are able to commit an hour or two please contact Maree Watson and let her know your time. Email: mareewatson5@gmail.com.au; Ph: 4448 6267 (answering machine); Mobile: 0407 803 819.

St Michael's Church Roster for Feb/March is now available in the Church foyer.

Ash Wednesday 2014 is March 5th and Easter Sunday April 20th.



Website: nowraparish.org.au

Incorporates the Church Communities of St Michael, Nowra; St Patrick, Berry
Sacred Heart, Bomaderry; Mary, Help of Christians, Culburra; St Joseph, Kangaroo Valley; Holy Spirit, Vincentia.

CatholicCare St Patrick's Race Day Fundraiser Sat 15

March, Kembla Grange Racecourse. Tickets now on sale. Bookings: 42271122. Email:

chiararam@catholiccare.dow.org.au All monies raised assist the Family and Sibling Support (Sibs) program - helping siblings of kids with a disability.

A Worldwide Marriage Encounter

weekend is a *Marriage Enrichment* experience for married couples in peaceful surroundings. Couples have a unique opportunity to reconnect, rekindle and refresh their relationship. Take time out to invest in your most precious asset . . . your Marriage! **21–23 March** Mt Carmel Retreat Centre, Varroville. **Bookings:** Ardell & Bill Sharpe 4283 3435 or wsharpe@bigpond.net.au



CatholicCare is offering a **Pastoral Care Training Program** for those who would like to be part of a Pastoral Care Team (visiting & supporting older people in our parish); or to acquire some pastoral care skills.

Holy Spirit Vincentia: Tuesdays for 8 weeks **11 Feb - 1 April**, 9:30am-3:30pm. **Topics include:** What is pastoral care? Communication & listening skills, Grief and loss, Dementia, Spirituality & Eucharistic ministry, Spirituality & ageing; and Palliative care. Please contact Carmen Karauda, the Diocesan Aged Care Advocate; 4640 8515, 0448 930 287 or carmenk@catholiccare.woll.catholic.org.au

