



Website: nowraparish.org.au

Incorporates the Church Communities of St Michael, Nowra; St Patrick, Berry

Sacred Heart, Bomaderry; Mary, Help of Christians, Culburra; St Joseph, Kangaroo Valley; Holy Spirit, Vincentia.

Sunday Masses:

Nowra: Vigil 6pm, 8.00am, 9.30am & 6.00pm
Berry: 8.00am
Bomaderry: 9.30am
Culburra: Vigil 6.00pm,
Vincentia: Vigil 6.00pm, & 9.30am
Kangaroo Valley: 11.00am.



Masses during the Week

Nowra: Mon. 7.00am,
Tues/Wed/Thurs 8.15am,
Fri. 7.00am and 11.30am, Sat. 9.00am.
Holy Hour Fri 10.30– 1.30am; Morning Prayer Tues 7.50
Berry: Tues 5.30pm **Culburra:** Thurs 5.30pm
Vincentia: Mon/Thurs/Fri 8.00am, Tues/Wed 5.30pm
Kang Valley: Wed 7am only, until further notice.
Shoalhaven Heads Friday 3.30.p.m.

Confession / Reconciliation

Nowra: Sat 11.30am – 12.30pm,
Culburra: Sat. 5.30pm
Vincentia: Sat 5.00 – 5.30pm
SVdP Rosary: Tues 9.30am St Michael's Church. All welcome

Feastdays:

Mon 10 Feb: **St Scholastica**, virgin
Tues 11th. **Our Lady of Lourdes:**
World Day of Prayer for the Sick.
Fri 14 Feb: **Sts Cyril**, monk, and **Methodius**, bishop

We prayerfully remember the recently deceased: **Jeanette Goodall** and **Ann Baldwin** (formerly of Sanctuary Point). Also **Alan Halbish**, **Esme Wilkinson**, **Mathilde Hulsman**, **Les Merriman**, **Joe Shanahan**, **Kathleen Cahill**, and **Regina Werda** whose anniversaries occur at this time. May they rest in eternal peace.



Pastoral Care Course: CatholicCare, Tuesdays, Feb 11– Apr 1, 9:30am-3:30pm, Holy Spirit Vincentia. Pastoral Care is about responding to the emotional & spiritual needs of people who are aged by visiting them in a nursing home or their own home in their time of need. **To Register: Carmen Karauda Diocesan Aged Care Advocate 4640 8515 or 0448 930 287 or email: carmenk@catholiccare.woll.catholic.org.au**

Farewell to Sister Margaret SGS. Sr Margaret Prendergast will take leave of St Michael's Parish in the weeks ahead, after 23 years of pastoral ministry in our midst. To provide an opportunity to farewell Sister and express our appreciation of her long and faithful ministry in Nowra, afternoon tea will be held on Saturday next Feb 15th 2.30.p.m at the Parish Centre, Nowra. Please take a plate of food to share.

Our diocesan Catholic Youth Ministry has already borne much good fruit, and Bishop Peter Ingham, in accordance with our Diocesan Pastoral Plan, invites us to now explore what is needed on the road ahead. The Australian National Vision for Catholic Youth Ministry 'Anointed and Sent' will be our guide and is available at <http://www.youthministry.catholic.org.au/national-vision/foreward.html>. Young people (ages 12 & up) and those involved with young people (eg parents, teachers, clergy, youth ministers, catechists) are invited to complete an important survey: <https://www.surveymonkey.com/s/dowoyouth>. The findings of this survey will be presented at a Catholic Youth Ministry Planning Day on **Tues 1 April**. For more info about the consultation process, email youth@dow.org.au. **Responses due by 28 Feb.**

Catechists' Corner: *I hope your ministry is blessed and fruitful this year.* We need 2 catechists for Callala Bay. Anyone interested could ring Lyn 4423 1009. Please return TEF's and any unused Manuals and Activity Books to the Parish Centre. Thank you.



Updates available for Catechist **Smartboard** on **Fri 14 Feb**, 9.30am- 11.30am. No cost. Morning tea provided. **BYO lunch.** For bookings or questions please contact Cindy Oliver on 4640 8550 or cindy.oliver@dow.org.au.

"Encounter" Lent 2014. Many thanks to all who responded to our call for leaders/hosts. The "Encounter" books will be on sale soon for \$5. Any enquiries to Francene 4421 5962; Tina 4422 9250; or Bernie 4421 2968.



Is the Glass half empty or half full ?

The Good News We Rarely Tell Anyone
There are 1,321 parishes in Australia, including 29 belonging to Eastern Catholic Churches, serving 5.2 million Catholics of which 624,000 worship every Sunday (c.12%), which means we could fill the Melbourne Cricket Ground (MCG) seven times every Sunday with Mass going Catholics! Of this group, 94,150 of those Mass-goers are aged between 13 and 18. Worldwide numbers are booming.



Source: Fr Richard Leonard SJ, Director of the Australian Catholic Office for Film & Broadcasting

Holy Spirit Parish Auxiliary. If you would like to receive email copies of the Minutes of the Auxiliary meetings, please advise your email address to sharonfelicityjohnson@gmail.com

Nowra Catholic Women's League monthly meeting **Tuesday 11 Feb** (*apologies for incorrect date given last week*). Morning tea at 9.30am is followed by the meeting at 10am in the Parish Centre.

St Vincent De Paul Retreat Day: Sat 15 Feb, 10am-2:30pm, Jim da Silva Farm 38 Old Bamarang Rd, West Nowra. A retreat day facilitated by Anthony Steel for anyone who would like to attend. *The day will explore Vincent de Paul in his own context, today, & reflection on charity, justice & the poor.* Please bring a plate to share. Book early in the week to: Veronica Marskell: 4627 9299 veronica@svdpwgong.org.au

Upcoming Events:

'The Marriage Thing' – Smartloving Marriage Seminar Fri 14 Feb, 7 – 8:30pm followed by dinner. Xavier Cntr Conference Rms, 38 Harbour St, W'gong. Presented in a Catholic context, a private experience open to married couples of any faith. Contact: Jude 4222 2407 jude.hennessy@dow.org.au

Shoalhaven Crossroads is a Christian Fellowship for people with a disability. The next meeting is **Fri 14 Feb**, 7.15-9.15pm, Nowra Baptist Church. Enquiries: Beth 4421 8137.



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Wollongong Catholic Charismatic Renewal Celebrate our First Healing Mass **Fri, 14 Feb** Sacred Heart Church Stewart St. Praise & Worship at 7:30pm. Mass followed by prayer ministry & supper. Contact Jane 4267 3175.

DIOCESAN ASSEMBLY Bishop Peter invites Clergy, Parish Pastoral Councils, all parishioners and other interested people to gather and participate in the continued development of Parishes Working Together and the Diocesan Pastoral Plan.

When: Saturday, 1 March 2014

Time: 10am – 2pm (includes lunch)

Where: Xavier Conference Centre, Wollongong

This is also a time for parishes and agencies to share their own initiatives as we seek to live our call as *Bearers of Christ's Love*, please contact Darren McDowell 4222 2463 or Darren.McDowell@dow.org.au for further information. **RSVP is essential** so please contact Helen Bennett via email Helen.bennett@dow.org.au by Wednesday, 26 February 2014.

CATHOLIC SCHOOLS WEEK
Invitation for New families for
2015 enrolments



OPEN DAY

Children welcome

Tuesday 11th March at 9.30am – 11.00am

OPEN EVENING

Thursday 13th March at 7pm – 8pm

Each session will begin with an address by the Principal Mr. Christopher Paton
Contact details ph: 4421 3630 or email: info@smndow.catholic.edu.au

LIFT

A group for men and women who may be feeling overwhelmed or experiencing high

levels of stress and anxiety. Participants are able to explore feelings in a safe and friendly environment, challenging negative thinking patterns and discover how to build and improve relationships. CatholicCare, 55 Worrigeer St, Nowra

5 Tuesday Mornings 10am - 12:30pm

4, 11, 18, 25 March & 1 April 2014

Workshop Fee: \$20 per session

For bookings or information call:

Campbelltown 4628 0044

Wollongong 4227 1122

Nowra 4421 8248

CatholicCare St Patrick's Race Day Fundraiser Sat 15 March, Kembla Grange Racecourse. Tickets 42271122.

Email: chiaram@catholiccare.dow.org.au All monies raised assist siblings of kids with a disability.

DISCIPLES OF JESUS WOMEN'S BREAKFAST:

Theme 'If God is for us, who can be against us'? These breakfasts have been created to give faith encouragement through an uplifting speaker and allow for faith filled fellowship between women (17 years and older) of our parishes of differing ages. To be held at Cafe Essay, Wollongong Salvation Army building, Burelli St on Saturday 8 March 2014 from 8.30am - 10.30am
Guest Speaker: Derrian Kadmon Cost: \$15 per head.
RSVP: Mel Pyrah by 1st March on 041 225 2502 or on mel.pyrah@gmail.com

Harvest Pilgrimage: Bookings now being taken for a Pilgrimage to England and Ireland. Fr David Catterall will lead this 21 day pilgrimage to honour the saints and martyrs of England and Ireland. **Departs Mon 14 July.** Cost: \$8590. Ph: 42562038 or albionpark@dow.org.au

'THE MARRIAGE THING' – SMARTLOVING MARRIAGE SEMINAR

Friday 14 February, 7:00pm – 8:30pm followed by dinner. Xavier Centre Conference Rooms, 38 Harbour Street, Wollongong

Presented in a Catholic context, the SmartLoving Marriage Seminar is a private experience open to married couples of any faith.

Contact Person: Jude and Kerrie Hennessy 42222 407
jude.hennessy@dow.org.au