



**Website: [nowraparish.org.au](http://nowraparish.org.au)** Incorporates the Church Communities of St Michael, Nowra; St Patrick, Berry Sacred Heart, Bomaderry; Mary, Help of Christians, Culburra; St Joseph, Kangaroo Valley; Holy Spirit, Vincentia.

**Sunday Masses:**

- Nowra:** Vigil 6pm, 8.00am, 9.30am & 6.00pm
- Berry:** 8.00am
- Bomaderry:** 9.30am
- Culburra:** Vigil 6.00pm,
- Vincentia:** Vigil 6.00pm, & 9.30am
- Kangaroo Valley:** 11.00am.

**Masses during the Week**

- Nowra:** ..... Mon. 7.00am, Tues/Thurs 8.15am, Fri 7.00am and 11.30am, Sat. 9.00am.
- Holy Hour** Fri 10.30–11.30<sup>am</sup>; **Morning Prayer** Tues 7.50<sup>am</sup>
- Berry:** Tues 5.30pm ..... **Culburra:** Thurs 5.30pm
- Vincentia:** Mon/Thurs/Fri 8.00am, Tues/Wed 5.30pm
- Shoalhaven Heads** .....Friday 3.30pm

**ASH WEDNESDAY: 5<sup>TH</sup> MARCH**

*A Day of Fast and Abstinence*

**Mass Times:**

- Nowra:** 7.00am, 11.30am & 7.00pm
- Culburra:** 8.00am
- Berry:** 6.30pm
- K Valley:** 8.00am
- Vincentia:** 8.00 am & 5.30pm

**A Day of Fast and Abstinence.** All who have completed their 18<sup>th</sup> year & have not yet begun their 60<sup>th</sup> year are bound to fast. All who have completed their 14<sup>th</sup> year are bound to abstain from meat on Ash Wednesday and Good Friday.



*Project Compassion material is now available*

**Confession / Reconciliation**

- Nowra:** Sat 9.30a.m – 10.30.a.m.
- Culburra:** Sat. 5.30pm
- Vincentia:** Sat 5.00 – 5.30pm
- SVdP Rosary:** Tues 9.30am St Michael's Church. All welcome

We prayerfully remember the recently deceased **Kathleen Kashmere**. Also **Noelene Schmal** whose anniversary occurs at this time. *May they rest in eternal peace.*



**World Day of Prayer: "Streams in the desert"**

This year the focus is on Egypt, a country with an ancient culture but currently in great political turmoil, needing prayer.



- **St Michael's Friday 7 March at 1.30pm.** Afternoon Tea to follow. All Welcome.
- **Berry Uniting Church 6pm** –followed by light tea. Everyone welcome.

**International Women's Day – Sat. 8 March** Theme: *Ending Poverty for Women and Girls through Economic Empowerment.* 70% of the global poor are women. They earn less than 10% of the world's wages, & are far more likely to lack access to education, employment & financial services.

**Bay and Basin Catholic Women's League** meeting **Thurs 6 March** 12 noon for lunch, followed by the meeting at 1pm in the Church Hall. Contact person: Fay 4443 2837



**"Encounter" Lent 2014.** Our Lenten program begins this week. It is still not too late to join a group! Books are still on sale \$5. You are most welcome to buy a copy even if you are not joining a group. Enquiries to:

- Nowra/B'derry:** Francene 4421 5962; Tina 4422 9250; or Bernie 4421 2968
- Berry/Shoalhaven Heads:** Greg Troy 4464 1770
- Callala:** Joyce Buttell 4446 5569
- Culburra:** Harry Ray 4447 2941
- Currarong:** Connie Heap 4448 3157
- Vincentia:** Fr Leo 4441 5571

**CHILDREN'S LITURGY: From**

**Sunday 9 March** the Parish begins "Children's Liturgy", during the 9:30am Sunday Mass at St Michael's Church. A big thank you to the generous volunteers who have come forward to serve in this important ministry. Thankfully we have enough volunteers to run this EVERY SUNDAY during school term (*excepting St Michael's school Masses*). Infants and primary aged children welcome; parents are recommended to accompany pre-school aged children. For more info, contact Fr Duane on 44231712.



**Pope Francis speaks of Lent:**

*"Dear brothers and sisters, may this Lenten season find the whole Church ready to bear witness to all those who live in material, moral and spiritual destitution, the Gospel message of the merciful love of God our Father, who is ready to embrace everyone in Christ. We can do this to the extent that we imitate Christ who became poor and enriched us by his poverty. Lent is a fitting time for self-denial; we would do well to ask ourselves what we can give up in order to help and enrich others by our own poverty. Let us not forget that real poverty hurts: no self-denial is real without this dimension of penance. I distrust a charity that costs nothing and does not hurt."*



**Culburra Family Group's** next function, lunch and a swim, will be on **Sunday 9 March** at 12 midday at Doone Fraser's home; 5 Beecroft Pde, Currarong. Please bring some lunch to share

**Current Events:**

- **Exploring Matthew's Gospel Thurs 13 March** 9:30-1:00pm Meeting rm St Paul's Parish Tongarra Rd Albion Pk. Registration essential: Darren McDowell, 4222 2463. Morning Tea provided and BYO Lunch.
- **Diocesan-Wide Youth Gatherings To Plan And Get Involved. Sat 15 March** 7pm -10pm) f *Focus, Fellowship and Fish & Chips* Xavier Centre, W'gong. Dinner, music and opportunities for brainstorming and gathering ideas around Catholic Youth Ministry. RSVP essential. Diocesan Youth Office on 4222 2460 or [youth@dow.org.au](mailto:youth@dow.org.au). Ask your parish priest about representing the parish.
- **Lenten Concert Beautiful sacred & classical music** at Our Lady of Mount Carmel, 193 St Andrews Rd, Varroville, **Sun 23 March 3pm–4.30pm.** Bookings: 9603 7373 Entry by donation. Proceeds go to Project Compassion.

We encourage parishioners to notify the parish when family members or fellow parishioners are hospitalised or move into residential care.. Only by so doing can we ensure pastoral and Sacramental care.



St Michael's Primary School **OPEN DAY** for **New families for 2015 enrolments.** Children welcome **Tues 11 March** at 9.30–11am **OPEN EVENING Thurs 13 March 7-8pm.** Contact: 4421 3630 [info@smndow.catholic.edu.au](mailto:info@smndow.catholic.edu.au)



**Claiming Date): St Vincent de Paul Society Winter**

**Appeal:** As a part of its Winter Appeal, the local Society is holding its 2nd fundraising dinner, on May 3rd 2014. \$55 per head early bird or \$60 after 11th April. A 3 course meal and entertainment at Bomaderry Bowling Club. All funds raised will be used to maintain services at the Jim Da Silva Farm in West Nowra for single adult men with significant mental health issues.. Anyone requiring more information please ring Ivor on 44210053.

**DATE CLAIMER – 21 June (Wollongong) Diocesan Workshops on Lay Pastoral Ministry.**

**Save the Date 50th Anniversary of St Michael's P&F.** Saturday **26th July 2014**. More information to follow.

**(Claiming Date): St Vincent de Paul Society Winter**

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