



St Michael's Parish, Nowra – Tel: 4423 1712 E-mail: office@nowraparish.org.au

Website: nowraparish.org.au Incorporates the Church Communities of St Michael, Nowra; St Patrick, Berry Sacred Heart, Bomaderry; Mary, Help of Christians, Culburra; St Joseph, Kangaroo Valley; Holy Spirit, Vincentia.

Sunday Masses:

Nowra: Vigil 6pm, 8.00am, 9.30am & 6.00pm
Berry: 8.00am
Bomaderry: 9.30am
Culburra: Vigil 6.00pm,
Vincentia: Vigil 6.00pm, & 9.30am
Kangaroo Valley: 11.00am



Masses during the week.

Nowra: Mon 7.00am, Tues/Wed/Thurs 8.15am, Fri 7am, 11.30am (School Mass in the Hall) Sat 9.00am Holy Hour Fridays 10.30-11.30am
Berry: Tues 5.30pm **Culburra:** Thurs 5.30pm
Vincentia Mon/Thurs/Fri 8.00am; Tues/Wed 5.30pm
S'haven Heads – Community Hall, Fri 3.30pm

Confession/Reconciliation

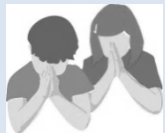
Nowra: Sat 9.30-10.30am & 5-5.30pm
Culburra Sat 5.30pm
Vincentia: Sat 5.00–5.30pm

SVdP Rosary: Tues 9.30am St Michael's Church. All welcome.

We prayerfully remember the recently deceased **Frank Klem** and **Marlene James**. Also **Malachy Frawley**,(14) **Tony Garnuszek**, **Kevin Kearney**, **Monica Hudson**, **Noelene Ryder**, **Bishop Thomas McCabe** and **Bishop Geoffrey Mayne** whose anniversaries occur at this time. *May they rest in eternal peace.*



Feastday: Mon 15th Our Lady of Sorrows
Tues 16th Sts Cornelius & Cyprian
Sat 20th Sts Andrew Kim Tae-gon, Paul Chong Ha-sang



The Sacrament of First Reconciliation will be celebrated in **St Michael's Nowra:** Sept 16th (Tues) and 17th (Wed) at 7.00pm.

CHILDREN'S LITURGY, on next Sunday 21st Sept, 9.30am Mass at Nowra, for children aged 4 and up. New children always welcome to attend, to hear God's Word on their level and get to know other children of the parish.

INVITATION – Only 10 days to go! **Sister Jeanie & Helpers** in the Shoalhaven Parish Disability Connections Program are invited to gather on **Wed, 24 Sept**, 12^{noon}-1.30^{pm} for prayer & luncheon in the Parish Centre, Polding Rm. **RSVP Wed 17 Sep**, jeanieh@materdei.org.au or Ph: 0405 158 763.

ST MICHAEL'S FEASTDAY: Our Parish social evening is now very close set for the Nowra Golf Club, Thurs 25 Sept, 6.30^{pm} for 7^{pm} to celebrate our parish Feastday. Guest speaker, **Alan Clark** (local historian; topic-the Shoalhaven –WW1). There will be a set menu; main meal & dessert \$22.50 pp, payable on the night. Please inform the Parish Office if you have dietary requirements. Please indicate your intention of attending as soon as possible by inscribing your name on the sheet at the Church door, or calling the Parish Office on 4423 1712, to book.



INVITATION - St. Michael's School Feast Day Mass will be held **Fri, 19 Sept, 11.30^{am}** in school hall. This year the Parents & Friends Association are celebrating their 50 yr anniversary & would be honoured if past & present members could attend. Following Mass, morning tea provided in Parish Centre.

CWL Nowra Branch: FASHION PARADE Presented by: B&M Fashion Culburra, **Sat 20 Sept, 10am** St Michael's Parish Hall, 30 North St Nowra. Admission \$8.00 includes Lucky door prize & morning tea. Contact: Theresa 4422 6878 or Judy 4421 8565.

CWL Nowra: Wedding Anniversary Mass & Luncheon. Special anniversaries (25th; 40th; 50th; 60th) will be celebrated on **Sat 18 Oct** at St Michael's Nowra. Mass at 10.30^{am} followed by luncheon in the School Hall. RSVP Judy 4421 8565 or Parish Office 4423 1712 by Fri 3rd Oct.

Benedictine Abbey Jamberoo Parish Retreat Day/s: "Come; let us go up to the mountain of the Lord [...] that he may teach us his ways and that we may walk in his paths." (Isaiah 2:3) Sr Sue Barker and Mr Michael Dyer (seminarian) invite you to attend a day of reflection and prayer at Jamberoo Abbey on Friday 3 Oct or Monday 8 Dec from 9.15am - 3.30pm. Car pooling is planned. Please BYO lunch, a morning tea treat to share and a small financial donation for the Abbey. RSVP the parish office or email: michael.dyer@dow.org.au

Praying our Sunday Scriptures by LECTIO DIVINA. NOWRA GROUP meet Thursdays 7-8pm, St.Michael's Parish Centre. **CULBURRA GROUP** meet Mondays 1-2pm. Please consider joining this weekly group. *All welcome.* Further info: Michael Dyer, michael.dyer@dow.org.au or the parish office 4423 1712.

The EXALTATION of the HOLY CROSS
14 September 2014

Thank you - HOLY SPIRIT VINCENTIA SPRING FUN & FOOD FAIR. Blessed with a fine day after all the rain. Approx 90 volunteers signed on! Many Thanks to all stall co-ordinators, volunteers & supporters, without whose dedication & hard work the day would not have been such a happy & successful event. Our thanks also for the generous support of local & other businesses. **MEETING to finalise 2014 Fair, SUN 21 Sept 10.30am**

CHILD PROTECTION SUNDAY (Week)



The theme of Child Protection Week is 'Protecting Children is Everybody's business-Play your Part' Each person in every Catholic Church community is

asked to play their part in making our church a safe community for all by working to prevent abuse. Our aim is to ensure that all communities and organisations within the church are safe and enriching environments for people of all ages, with special concern for children, young people and vulnerable adults.

CULBURRA FAMILY GROUP: The Culburra Family Group's next function will be a pancakes/pikelets morning tea at the Casey's (4446 4117) on Friday 19 Sept, 10.45am.



FIRST HOLY COMMUNION. *I would be grateful if catechists who teach children in Year 4 and over, who have already been to the Sacrament of Reconciliation, would please inform the children that preparation*

*for First Holy Communion will commence in October for six sessions, as follows: **Berry; Tues 7 Oct, 4-5pm, Nowra; Wed 8 Oct, 4-5pm, Culburra; Thurs 9 Oct, 4-5pm, Vincentia; Mon 13 Oct, 4-5pm.** You may collect letters with this information in the Sacristy after Mass. Please advise the Parish Office as soon as possible of the approx. number in each school who are interested. Thank you, Fr. Pat.*

Social Justice Group Kiama Parish invites you to join them in an initiative of the World Council of Churches "**In the shoes of another ... a Forty-day PILGRIMAGE OF JUSTICE, PEACE & ECOLOGY**". Guest speaker, Arda Aghazarian, an Armenian Palestinian Christian from the Old City of Jerusalem. **Fri 26 Sept, 7pm for 7.30 start**, Sts. Peter & Paul School Hall, 98 Manning St Kiama.



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CATECHIST RETREAT Mon 20 October, Gerringong. All welcome. 9.30_{am}-2.30_{pm}. Enquiries: Lyn West 4423 1009.

SIGNIFICANT MARRIAGE ANNIVERSARIES MASS 2014: If you are celebrating **25, 40, 50 or 60 yrs** of marriage this year & would like an invitation to the Mass celebrated by Bishop Peter Ingham on Sunday, 21 Sept 2014 at 2.00pm, contact Helen Bennett 4222 2403 or email helen.bennett@dow.org.au at the Office of the Bishop by Mon 11 Aug, and an invitation will be sent to you.

Smart Loving Marriage Seminar - Because Every Marriage Matters. **Wollongong Sep 20 & 21. Residential Retreat Nov 28-30**

You want your marriage to be the best ... committed, intimate, joyful & passionate. Presented in a Catholic context, the seminar is a private experience open to married couples of any faith. Proven results, private & confidential, spiritually sound. Bookings Essential. Meals included. Save \$200 with the Australian Government Stronger Relationship Trial Subsidy. www.smartloving.org Ph: 02 9319 6280, info@marriageRC.org

Magnolia Cottage Adult Day Centre provides centre based respite for people living with memory loss, providing a break for their carer, or social interaction for those who are living alone. Groups operate 10_{am}-2_{pm} four days a week. Transport can be provided. Further info pls ring 4422 4161.

CatholicCARE – Seasons For Growth (Adults)

Participants cope with grief, loss and significant changes that occur throughout life. Assists in developing skills for coping, problem solving, and decision making, and restores self confidence. 55 Worrigeer St Nowra. 4,11,18 Sept. Fee: \$10 per session.

Bomaderry Waratah RSL Day Club. Day Clubs are a weekly social program for older people from both the ex-service and wider community. If you would like to volunteer to assist contact: **Rosemary 4423 3330.**

CatholicCARE – Poppy Playgroup for mothers with mental health issues and their children from 0-5 yrs. Play with your children while enjoying the company of other parents in a relaxed & supported environment. 68 Shoalhaven St Nowra. Six Fridays: 10, 24 Oct, 7, 21 Nov, 5 & 19 Dec. 10am-12.30pm. No Fee.

CatholicCARE – Keeping Kids in Mind A post-separation parenting workshop. Learn how to deal more effectively with the emotional and practical issues of parenting after separation. Five Thursdays, 23, 30 Oct, 6, 13, 20 Nov 10am-12.30pm, 55 Worrigeer St, Nowra.

DIOCESAN CHOIR - ALL CHORISTERS INVITED In preparation for the Significant Anniversaries Mass at **St John Vianney Co-Cathedral on Sat 21 Sept**, 2.00pm and Bishop Peter's Jubilee Mass at **St Francis Xavier Cathedral on Fri 26 Sept** at 5.30pm.

Diocesan Choir rehearsals in September are:-

- 6.30pm Sept 9 & 17 & 1.00pm Sept 21 - all rehearsals at St John Vianney Co-Cathedral Fairy Meadow
- 6.30pm Sept 23 & 25 & 4.30pm Sept 26 - all rehearsals at St Francis Xavier Cathedral, W'gong (Programs to follow). To register for the Diocesan Choir, go to <http://www.liturgydow.org.au/diocesan-choir.html> or contact Helen Bennett 4222 2403, helen.bennett@dow.org.au.

INTRODUCTION TO PASTORAL CARE WORKSHOP

Thurs 18 Sept, 9:30-3:30pm, Xavier Conference Ctre, 38 Harbour St W'gong Pastoral Care is a way of responding to the invitation of Jesus to "*Love one another as I have loved you*" (John 13:34). This Introduction to Pastoral Care is an opportunity to visit people who are aged in nursing homes or in their own homes. More info: Carmen Karauda, Diocesan Aged Care Advocate Ph: 4640 8515 or 0448 930 287 Email Carmen.Karauda@catholiccare.dow.org.au