



St Michael's Parish, Nowra – Tel: 4423 1712 E-mail: office@nowraparish.org.au

Website: nowraparish.org.au Incorporates the Church Communities of St Michael, Nowra; St Patrick, Berry Sacred Heart, Bomaderry; Mary, Help of Christians, Culburra; St Joseph, Kangaroo Valley; Holy Spirit, Vincentia.

First Sunday of Lent (Yr C)
14th February 2016

Sunday Masses:

Nowra: Vigil 6pm, 8.00 am, 9.30 am and 6.00 pm
Berry:..... 8.00 am
Bomaderry:..... 9.30 am
Culburra: Vigil 6.00 pm
Vincentia: Vigil 6.00 pm, and 9.30 am
Kangaroo Valley: 11.00 am

Masses during the Week

Nowra: Mon. 7.00 am Tues/Wed/Thurs. 8.15 am
Fri. 7.00 am and 11.30 am. Sat. 9.00 am
Berry: Tues. 5.30 pm **Culburra:** Thursday 5.30 pm
Vincentia: Mon/Thurs/Fri 8.00 am, Tues/Wed 5.30 pm
Kangaroo Valley: Tues/Thurs: 9 am.; Wed 7 am
Confession / Reconciliation
Nowra: 9.30 am - 10.30 am; 5.00 - 5.30 pm
Culburra: Sat 5.30 pm
Vincentia: Sat 5.00 – 5.30 pm
S'haven Heads - Friday: 3.30 pm

Project Compassion material is now available

STATIONS OF THE CROSS:

NOWRA: Fridays 7pm. Commencing Fri. 19th Feb.)
CULBURRA: Wed. Evenings 5.30 p.m. commencing on Ash. Wed
VINCENTIA: each Friday of Lent, after the 8.00am Mass, beginning this Friday, Feb. 12th

We prayerfully remember the recently deceased:
Catherine Longford (after a very brief illness),
Josephine Hall, Mato Zupan, and Jack Keane.
Also **Tom McQuade, Pat Maguire** and **Noelene Schmal**,
whose anniversaries occur at this time. *May they rest in eternal peace.*



Morning Tea has recommenced after Sunday 9:30am Mass at Nowra.
Children's Liturgy will commence Sunday, 21 Feb. Thank you to all our generous volunteers for your wonderful work in these important ministries. Any new volunteers to help with Children's Liturgy or Morning Tea are most welcome. Contact Kevin 0412 664213.

The **Welcoming Group** is having a meeting on **Wednesday 17 Feb, 10.30am** at Tea Club 42 Berry St, Nowra.

The Year of Mercy:



Parishioners are invited to a two part presentation for the Year of Mercy... Feb 15th and 16th. (Mon & Tues) by Fr Michael Fallon MSC a well experienced Retreat Director at Douglas Park. Fr Michael's Monday topic: *God's Mercy*, and Tuesday: *How we can welcome this mercy into our lives.* Morning sessions Berry: 10.30am (optional cuppa 10am). Evening sessions at Nowra: 7.00pm. **Thank you for your response to-date.**

'Mercy' Lent 2016

Our groups have begun, and are still open to join. The 'Mercy' booklets have sold out! Group Leaders, who have sold books, please forward money to the Parish Centre.
Enquire: Francene 4421 5962; Tina 4422 9250; Bernie 4421 2968. Vincentia/Bay & Basin: Fr Leo Duck 4441 5571.
Choir practice for the Easter Ceremonies will be held on Thurs 18th & 25th Feb; 3rd 10th & 17th March, at 5.30pm in the Church.

Invitation ~ Sr Jeanie and Fr Greg Burke are inviting volunteers & families who have children or adults with a disability to a luncheon & prayer gathering in the Parish Centre, **Wednesday 24 Feb, any time between noon & 1.30pm.** Sister is making necessary changes. Please indicate your attendance by phoning / texting Sr Jeanie 0405 158 763. Numbers are important for catering. *Many thanks.*

St Michael's Nowra, Rosters. We have 10 rostered parishioners' email addresses. If anyone has an email address would you please advise Robbie Forsythe: robertaforsythe@hotmail.com, a very convenient contact point. Thank you, Robbie.
Grounds Maintenance Roster, St. Michael's Nowra. A huge thankyou to Bruce Davis, Bob Luxford, & Ron Rigney who have been on the roster for a very long time keeping the Church grounds in immaculate condition (with the aid of 2 other teams). Understandably both Bob and Ron have had to retire. If anyone feels they could commit to some time, the Parish would be most grateful. Equipment available at the Presbytery. Ph Robbie Forsythe 0407013551, or the office

Confirmation 2016: The Sacrament of Confirmation

will be celebrated in the Parish on **Sunday May 22nd** ~ Children in Year 6 and upward who have received the Sacraments of Reconciliation and Eucharist are eligible for Confirmation. If you wish your child to be confirmed then please note the following information.
An introductory and information Meeting for parents and all candidates will be held on Wed. Feb 24th at St Michael's Hall at 7 p.m. It is essential that Candidates and Parent(s) attend this Meeting as important information regarding the Sacrament of Confirmation will be shared.



Shoalhaven Health & Arts presents: 'Lost In The Stars' ~ in support of STARTTS, (NSW Service for Treatment & Rehabilitation of Torture & Trauma Survivors). Featuring the heart-warming Arabic choir, *The Choir of Love*, and also mezzo soprano, *Annette Tesoriero*. **Berry Uniting Church, 69 Albert St. Sunday 21 Feb, 2pm.** \$30 Full • \$25 Concession • \$10 Child • \$65 Family. Afternoon tea at completion of concert.
Enquiries/bookings: 0416 723 893 • tesoriero.annette@gmail.com
Or Book online: <http://www.trybooking.com/177045>

Catechists ~ Level 1 course will commence in the Parish Centre this **Monday 15 Feb, 9:30am-1:30pm.** The required Child Protection & Classroom Management Training is included in this first session of the course. Please BYO lunch.

Catechists of our Parish share our Faith and God's Love with more than 950 Primary School children in our region. If you are considering becoming a Catechist, please contact Frances 4423 1712. **Currently, we are in need of Catechists in Kangaroo Valley, Falls Creek & Nth Nowra, (all of these lessons are held Thursdays).**

The Culburra Beach Family Groups' next function will be Bingo (for Arthur's birthday) at the Callala RSL Country Club on Thursday 18 Feb at 11.00

Year of Mercy- a simple explanatory leaflet is now available. Please read it fully and reflectively.



**Date for your diary ~ The Parish Paschal Meal,
Palm Sunday, 20 Mar 12.30 for 1.00pm.**

Laudate Si'- a day has been organized in the Diocese for furthering our education on a theology & spirituality of Caring for the Environment...the topic of Pope Francis' recent encyclical. *Key speaker, Fr Denis Edwards, is an Adelaide priest, world renowned writer and scholar on this issue.* Thurs, 25 Feb, 9.00 – 3.30pm. See flyer for details. Venue: St Mary's College Hall, Harbour St W'gong. To register: darrenmcdowell@dow.catholic.org.au 4222 2463.

**World Day of Prayer ~ Friday 4 March.
6pm light tea, 7pm Service. Berry Community Church.** *Everyone welcome.*

**“THE WASHING OF THE HEART”.....a Lenten Retreat
Mon 15 Feb to Fri 19 Feb.** This retreat is available as a 3 day full accommodation retreat, or as a day retreat. Day participants are welcome on any one, or all of the days mentioned. **Benedictine Abbey**, 695 Jamberoo Mountain Rd, Jamberoo. Retreat begins 4pm, Mon 15 Feb & concludes after 9am Mass Fri 19 Feb. Day retreatants begin with Mass at 9am each day & conclude with Vespers 5pm. Further info & registration: Petrina 42 36 0533.

24 HOURS WITH THE LORD: On Fri 4 March to Sat 5 March, “Mercy is the very foundation of the Church's life” (MV, n10) A time of prayer, Adoration and Reflection requested by Pope Francis for the Year of Mercy.. Details later.

**DIOCESAN CERTIFICATE IN PASTORAL LITURGY.
Pastoral Associates - Liturgy Coordinators - Liturgy Committee Members - Music Coordinators - Choir Directors - RCIA Coordinators - Sacramental Coordinators. This course is for you!**
2016 units include the Core Unit "Eucharist in the Liturgical Assembly" (March - June), the elective Unit "Initiation in the

Liturgical Assembly" (July - September), and the alternate Elective Unit "Music in the Liturgical Assembly" (July - September). Those who commence in 2016 will complete the certificate course in 2017 with the remaining two units. Go to the website for an application form, or contact Paul Mason 4222 2462 or liturgy@dow.org.au

**THE JOURNEY CATHOLIC RADIO PROGRAM –
SUMMER EDITION. AIRS 14 FEB.**

This week on The Journey we start our program with a Gospel reflection for the 1st Week of Lent from Fr Ken Cafe, Sr Hilda Scott OSB shares a segment called "To Die For" we hear from Trish McCarthy shares in her Milk and Honey segment and Marilyn Rodrigues *The Peaceful Parent* talks about "Knowing Your Neighbours". Add to these talks some amazing music from talented artists. Tune into PULSE 94.1 FM on Sun at 11am or go to www.jcr.org.au or www.itunes.jcr.org.au where you can listen anytime and subscribe to weekly shows by email.

CALLED TO MINISTRY?

Have you considered serving your parish as an Acolyte, Adult Altar Server, or Extraordinary Minister of Holy Communion? The 2016 Diocesan Training courses in these ministries are scheduled for Saturday 13 February, with institution and commissioning ceremonies to be held during May. More info can be found in the Ministry Directory publication available from the parish office, and on the website <http://www.liturgydow.org.au/ministry.html>. You can express your interest in any of these ministries using the form at: <http://www.liturgydow.org.au/expression-of-interest.html>.

**FEBRUARY 2016 LITURGICAL MINISTRY TRAINING
CALENDAR**

- **Acolytes and Adult Altar Servers** 13 Feb 2016, 10am - 4pm Xavier Conference Centre Ingham & Wilson Rooms, 38 Harbour St, Wollongong
- **Extraordinary Ministers of Holy Communion** 13 Feb 2016, 10am - 1pm Xavier Conference Centre Ingham & Wilson Rooms, 38 Harbour St, Wollongong
- **Sacramental Preparation Coordinators and Team Members (Special In-Service)** 20 Feb 2016, 10am - 1pm Xavier Conference Centre Ingham & Wilson Rooms, 38 Harbour S, Wollongong

Lenten Groups: Contact for Berry: Greg Troy 4464 1770; Callala: Theresa Galea 4446 5184; Culburra Beach: Harry Ray 4447 2941; Currarong: Connie Heap 4448 3157 /