



**St Michael's Parish**, Nowra – Tel: 4423 1712 E-mail: [office@nowraparish.org.au](mailto:office@nowraparish.org.au)

**Website: [nowraparish.org.au](http://nowraparish.org.au)** Incorporates the Church Communities of St Michael, Nowra; St Patrick, Berry Sacred Heart, Bomaderry; Mary, Help of Christians, Culburra; St Joseph, Kangaroo Valley; Holy Spirit, Vincentia.

### Sunday Masses:

**Nowra:** Vigil 6pm, 8.00 am, 9.30 am and 6.00 pm  
**Berry:**..... 8.00 am  
**Bomaderry:**..... 9.30 am  
**Culburra:** Vigil 6.00 pm  
**Vincentia:** Vigil 6.00 pm, and 9.30 am  
**Kangaroo Valley:** 11.00 am

### Masses during the Week

**Nowra:** Mon. 7.00 am Tues/Wed/Thurs. 8.15 am  
 Fri. 7.00 am and 11.30 am. Sat. 9.00 am  
**Berry:** Tues. 5.30 pm **Culburra:** Thursday 5.30 pm  
**Vincentia:** Mon/Thurs/Fri 8.00 am, Tues/Wed 5.30 pm  
**Kangaroo Valley:** Tues/Thurs: 9 am.; Wed 7 am  
**S'haven Heads** - Friday: 3.30 pm

**Thurs.17<sup>th</sup>. The Feast of St Patrick**  
**Sat 19<sup>th</sup> - Feast of St Joseph.**

### Confession / Reconciliation

**Nowra:** 9.30 am - 10.30 am; 5.00 - 5.30 pm  
**Culburra:** Sat 5.30 pm  
**Vincentia:** Sat 5.00 – 5.30 pm

### STATIONS OF THE CROSS:

**NOWRA:** Fridays 7pm.  
**CULBURRA:** Wed. Evenings 5.30 p.m  
**VINCENTIA:** each Friday of Lent, after the 8.00am Mass,

We prayerfully remember **Rae Gibbins** (Nowra-Nepean). Also, **John Amato, Terio Puhawan, Peter & Jackie Fossey, Alexzandra Garnuszek, James Thomas Fryer**, whose anniversaries occur at this time. *May they rest in eternal peace.*



### Parish Office – New Hours

**Open 9.30am – 3.00pm, Monday to Friday.**

**Caritas through Project Compassion is a most effective and efficient way of assisting so many people in need worldwide, including Fiji at present. We encourage you to support Project Compassion during Lent.**

**Catechists ~ Level 1 course** is very well attended this year and everyone is finding it beneficial. If you have completed the course in the past, you are most welcome to come along (Tuesday, 9:30am – 1:30pm in the Parish Centre). This week the topics are: Using Visual Aids; Prayer music and Song in SRE; and Nature of God, Revelation and living our faith.

### Craft Morning for Catechists

A Craft Morning for Catechists will run in the Parish Centre on Monday 21<sup>st</sup> March, 9:30-11:30am. The craft will be Easter themed and a wonderful activity to do with your classes before the end of the term. Please contact Frances if you would like to attend.

### Autumn-Winter Fashion Parade ~ Sat, 2 April at 10.30am,

St. Michael's Church Hall, North St, Nowra. Cost: \$8 includes morning tea & lucky door prize. Further details: Marie Hanley 4448 5347, Judy Thompson 4421 8565. *All most welcome.*

**Can you help?** *Our parish offers Liturgy of the Word for children at 9.30 a.m. Mass on most Sundays. This is a valuable support for our young families. The leaders' roster has been greatly depleted. Can you help as a leader or support person once/ twice a term.? Formation & materials provided. Contact Sr Sue via parish office.*

### The Year of 'Mercy' Lent 2016

Our deadline for the Parish Paschal Meal is Monday 14 March, for table numbers (Tina 4422 9250), and (Bernie 4421 2968) for Readers. The **Paschal Meal** is held on **Sunday, 20 March, 12.30pm for 1pm in St. Michael's Parish Hall.** Everyone is welcome, especially the children. **Set-up**, Saturday, 19 March, 10am. We would be delighted with extra hands to assist. Enquiries: Francene 4421 5962.

**Choir practice for the Easter Ceremonies** will be held on 17<sup>th</sup> March, at 5.30pm in St. Michael's Church. *All singers & musicians are most welcome*

**Culburra Family Group's** next function will be a shared breakfast at Bicentennial Park at Callala Bay on Sun, 20 March at 9.00am. The Park/Reserve is at the southern end of Lackersteen St, on the bay.

**Greeting** people as they arrive for Mass and handing them a Parish Bulletin is a simple but very rewarding task, being revived at St Michael's. This is easily done each Sunday at whichever Mass you attend; and both doors of the church are manned. If you would like to participate please contact Kevin 0412 664 213.



## Fifth Sunday of Lent (Yr C)

13<sup>th</sup> March 2016

**ST PATRICK'S DAY MASS** ~ at St Patrick's Berry will be a Vigil Mass on **Wednesday 16<sup>th</sup>** at 6.30pm, followed by



refreshments and fun in the hall. Please bring a plate to share; and remember your gold coins for "Whiskey Toss". ALL most welcome. This year marks the 80<sup>th</sup> anniversary of St Patrick's Church in Berry.

The 2<sup>nd</sup> Rite of Reconciliation will be celebrated at St Michael's on Friday next March 18<sup>th</sup> at 7.00pm, an important aspect of the Year of Mercy. Parishioners are encouraged to avail of this opportunity in preparation for Holy Week and Easter. Pope Francis repeatedly **stresses the importance of the Sacrament in our spiritual lives; "Let us place the Sacrament of Reconciliation at the centre once more in such a way that it will enable people to touch the grandeur of God's mercy with their own hands. For every penitent, it will be a source of true interior peace."** (Face of Mercy, No 17) -



**CONFIRMATION CARDS & GIFTS:** Do you need a Confirmation gift? Sacred Heart Church Bomaderry has a Piety Stall, open after Sunday Mass (9.30 am) or call Suzie Alamango on 4448 6219 or 0419 249 008. Communion and other items are also available at the stall and by special order from the catalogue (copies available at each Church)

**On Sunday Pope Francis expressed his sorrow and distress**, also his closeness to the



Missionaries of Charity, founded by Mother Teresa, at the killing of sixteen people on March 4<sup>th</sup>, among whom were four of their sisters who run a home for the aged at the port city of

Aden, in Yemen. He expressed the hope that "this pointless slaughter will awaken consciences, lead to a change of heart and inspire all parties to lay down their arms and take up the path of dialogue." Of the sisters one was Indian, and three were from Africa. "Their names do not appear on the front page of the newspapers, but they gave their blood for the church," Pope Francis stated.



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**Fifth Sunday of Lent (Yr C)**  
**13<sup>th</sup> March 2016**

**SAVE THE DATE: Saturday 7 May, SVDP Gala Dinner – “Funds for Families”.**

### Centering Prayer

Take time out for a silent weekend retreat. CENTERING PRAYER, CHANT & TEACHINGS on the methods and benefits of Centering Prayer in our daily living.

**Fri, 8 April – Sun, 10 April, Benedictine Abbey, 695 Mountain Rd, Jamberoo.** Arrive Fri 3pm for Registration, 4.30pm Welcome & Orientation. Cost: Accom. Costs + \$60 for weekend input. Enquiries: 02 42 360533.

**DAILY ATTENDANCE:** The cost for this is \$30 per day. Morning and afternoon tea provided. Please BYO lunch. [www.jamberooabbey.org.au](http://www.jamberooabbey.org.au) [facebook.com/jamberooabbe](https://www.facebook.com/jamberooabbe)

**Morning Tea** after 9:30am Mass on Sunday is proving to be popular and a small band of people are hosting it approx. once a month, per team of two. If more people offer to help (husband & wife teams perhaps?) their assistance will be appreciated. Contact Kevin 0412 664 213.

**Our St Vincent de Paul Conferences** in the Shoalhaven need your help ... we have been approached by a 57yr decent-living man who has been diagnosed with a rare, terminal cancer who is looking for accommodation for himself and his faithful dog in the area. Michael says he would be happy in a shed or garage. He just wants to live out his days in a peaceful, quiet place. Michael is currently homeless. If you can help Michael, please call Wendy on 4422 6002 or the Parish Centre and leave your contact details. Thanks so much.

**KINDERGARTEN ENROLMENTS 2017 ~ St Michael's Primary School.** Applications are now being accepted at the School. Enrolment packages available from the school office. Ph: 4421 3630 Ms. Sue Easter (Enrolment Secretary) Email: [info@smndow.catholic.edu.au](mailto:info@smndow.catholic.edu.au) Website: [www.smndow.catholic.edu.au](http://www.smndow.catholic.edu.au) Enrolment Interviews will held Saturday 7 May, 2016.

The **Legion of Mary will hold the Annual Acies ceremony** on Sunday 13 March 2016 at 2pm at St Francis Xavier Cathedral. All are welcome to attend.

**SHARING FAITH: SIMPLE STEPS, Saturday 9 April, 10am-2pm, at The Berry Convent Retreat & Conference Venue. St Patrick's Church, Albert St Berry.** How do you share your faith with others? Would you like to grow more confident to share your faith in simple, non-threatening ways? This day of reflection is introductory and enable participants to realise and develop the truly simple and easy ways to share faith with family, friends and colleagues. Registration essential to Helen Bennett ([helen.bennett@dow.org.au](mailto:helen.bennett@dow.org.au)) or 4222 2403 by Wednesday 6 April.

**Volunteers Needed ~ Compeer** is a good work of the SVdP Society and matches caring volunteers from the community with adults diagnosed with a mental illness to increase social interaction and involvement within the community. We are currently seeking men 45+ to volunteer. If you can spare 1 hour a week, you can make a difference to someones life by becoming a friend. Contact Compeer to find out how & volunteer today. **Ph 4276 4229 or email [compeer@svdpwgong.org.au](mailto:compeer@svdpwgong.org.au).**

**Grounds Maintenance Roster, St. Michael's Nowra.** A huge thankyou to Bruce Davis, Bob Luxford, & Ron Rigney who have been on the roster for a very long time keeping the Church grounds in immaculate condition (with the aid of 2 other teams), and are now retired. If anyone feels they could commit to a **bi-monthly roster**, the Parish would be most grateful. Equipment available at the Presbytery. Ph Robbie Forsythe 0407013551, or the office.

### OUR YOUTH MISSION TEAM 2016 MEMBERS NEED YOUR SUPPORT

We are blessed in the Diocese of Wollongong in 2016 to have 6 new Youth Mission Team volunteers who will share their faith with young people in schools and via Catholic Youth programs. Any members of the Catholic Community who can assist the Youth Mission Team with paid work on Mondays and/or Tuesdays, please contact 4284 6600 or [nationaloffice@ymt.com.au](mailto:nationaloffice@ymt.com.au)

### DIOCESAN CERTIFICATE IN PASTORAL LITURGY.

**Pastoral Associates - Liturgy Coordinators - Liturgy Committee Members - Music Coordinators - Choir Directors - RCIA Coordinators - Sacramental Coordinators. This course is for you!**

2016 units include the Core Unit "Eucharist in the Liturgical Assembly" (March - June), the elective Unit "Initiation in the Liturgical Assembly" (July - September), and the alternate Elective Unit "Music in the Liturgical Assembly" (July - September). Those who commence in 2016 will complete the certificate course in 2017 with the remaining two units. Go to the website for an application form, or contact Paul Mason 4222 2462 or [liturgy@dow.org.au](mailto:liturgy@dow.org.au)

### LIGHTING THE WAY: CHRISM MASS, Wed 23 March, 7:30pm, St Francis Xavier Cathedral.

In celebration of Pope Francis' Extraordinary Jubilee Year of Mercy, St Francis Xavier Cathedral will be lit up in a wash of purple and yellow, "Lighting the Way" for this year's Chrism Mass. Everyone is warmly invited to witness this historic event of the Cathedral under lights and to celebrate the beautiful Chrism Mass prior to the Easter Triduum. Mass will be followed by light refreshments in the Xavier Conference Centre. For catering purposes, please **RSVP to Jennifer Raposio by 14 March 2016** [jennifer.raposio@dow.org.au](mailto:jennifer.raposio@dow.org.au) or call 4222 2411.

### THE FEAST OF ST JOSEPH, SATURDAY, 19 MARCH

On this day, the Sisters of St Joseph celebrate 150 years since their foundation in 1866 at Penola, South Australia, as a result of the dream of Mary MacKillop and Fr Julian Tenison Woods. Throughout NSW, Josephite Sisters, Associates, Partners in Ministry, students & ex-students, former Sisters, family & friends, Priests and Religious, are invited to gather together in various centres to celebrate the founding of the Sisters of St Joseph 150 years ago. To mark the occasion in the Diocese of Wollongong, there will be **Mass at 10.00am, Sat, 19 March, at St Francis Xavier's Cathedral (36 Harbour St.) RSVP before 4 March** Sr Julie Simpson RSJ 4677 1477 | 0418 674 452 | [Julie.simpson@sosj.org.au](mailto:Julie.simpson@sosj.org.au)