



**St Michael's Parish**, Nowra – Tel: 4423 1712 E-mail: [office@nowraparish.org.au](mailto:office@nowraparish.org.au)

**Website: [nowraparish.org.au](http://nowraparish.org.au)** Incorporates the Church Communities of St Michael, Nowra; St Patrick, Berry Sacred Heart, Bomaderry; Mary, Help of Christians, Culburra; St Joseph, Kangaroo Valley; Holy Spirit, Vincentia.

# 16<sup>th</sup> Sunday Ordinary Time (Yr C)

## 17<sup>th</sup> July 2016

### Sunday Masses:

**NOWRA**.....6pm Vigil; 8am, 9.30am & 6pm  
**BERRY** ..... 8.00am  
**BOMADERRY**.....9.30am  
**CULBURRA** ..... 6pm Vigil  
**VINCENTIA.** ..... 6pm Vigil & 9.30am  
**KANGAROO VALLEY** .....11.00am

### Weekday Masses:

**Nowra:**....Mon 7.00am; Tues/Wed/Thurs 8.15am  
 Fri 7.00am and 11.30am, (Holy Hour 10.30am);  
 Sat. 9.00am  
**Berry:** Tues 5.30pm ..... **Culburra:** Thurs. 5.30pm  
**Vincentia:**. Mon/Thurs/Fri. 8.00am; Tues/Wed 5.30pm  
**K Valley:**. Tuesday/Thursday..9.00am. Wed 7.00am  
**Shoalhaven Heads:** Fri 3.30pm

### Confession--Reconciliation

**Nowra:** .....Sat : 9.30am -10.30am. 5.00 - 5.30pm  
**Culburra:** Sat 5.30pm.....**Berry:** Tues 6.00pm  
**Kangaroo Valley:**.....Sat 4.30 - 5.00pm  
**Vincentia:**.....Sat 5 - 5.30pm

We prayerfully remember all those who died recently, especially **Sister Mary Roche (SGS), Elaine Hodgson, Shirley Cherry, Francis Clifford Harding, and Queenie Mould.** Also, **Joan Dempsey, Nicholas Smith, Ellie Schutz, William Thomas Horwood, Keith & Gwen Williams, Lady Joan McNamara (Vincentia), Val Warburton, Elsie Weston, Moya McCabe and Doreen Wallace** whose anniversaries occur at this time. *May they rest in eternal peace.*



**The St Vincent de Paul Society, Kiama** will be praying the Rosary in honour of the Anniversary of Joan Dempsey's death, at Ss Peter and Paul Church, Kiama Monday 19 July, 9.30am. All parishioners welcome.

**Holy Hour every Friday morning:** Exposition begins at 10:30am, followed by Rosary and quiet prayer before the Blessed Sacrament. Benediction just prior to the 11:30am Mass. All welcome.

**"Craft and Cuppa":** Begins again this Wednesday July 20<sup>th</sup>, from 9:30am at the Parish Centre. Make new friends, make new things, learn new skills – *all welcome!*

**St Michael's Nowra "cuppa and play morning":** This initiative was a great addition to the life of the community in recent years, but is currently awaiting new volunteers to lead. If any parishioners are willing and able to help out, please contact Fr Duane.

### **ST PATRICK'S CHURCH BERRY:**

**St Vincent de Paul Winter Appeal:** Collections will be held after Berry Mass, Sundays 24 & 31 July.

**Also, volunteers are needed for various rosters** to help maintain the Church and grounds at Berry, including Church cleaning, brass and lawn maintenance. If you can assist please contact Barry on 4464 1541. Your help is much appreciated.

**Inquiry Night** ~ There will be an Inquiry night for people interested in becoming Catholic, on **Tuesday, 26 July at 7.30pm in the Parish Office.** Please speak about this to someone who might be encouraged to attend...you might consider offering to accompany them! For further information, contact Sr Sue or Fr Duane.  
 No commitment needed at this stage. Parish: 4423 1712

**"Breaking the Silence": Family Violence Awareness Dinner, 6:30pm Thursday 11 August, Fraternity Club, Fairy Meadow.** Parishioners from across the Diocese are invited to organise tables of 10. Gather to listen and engage with keynote speakers who deal with the ramifications of family violence in our community. To book tickets go to [www.events.dow.org.au](http://www.events.dow.org.au) or contact Fr Duane for more information.

**St John The Evangelist High School** present musical **'Sheik Rattle n Roll'** by Simon Denver & Ian Dorricott. Show Times: Thurs 21 July 7.30pm; Fri 22 July 7.30pm; Sat 23 July 7.30pm. Price: Adult \$12, Child \$8, Concession \$8. Tickets available from the school office or online: [www.sjedow.catholic.edu.au](http://www.sjedow.catholic.edu.au)

**Planned Giving:** Please collect your new sets of envelopes in church foyers. *We encourage new subscribers to the Parish Planned Giving Program, which helps maintain our Parish in its many ministries; simply contact the Parish Office for more info, 44231712.*

**Mary Help Of Christians Culburra, Social Evening**  
 At the Sun Sun Chinese Restaurant, 185 Prince Edward Avenue, 27<sup>th</sup> August at 7:15 pm. Cost \$20 per head + drinks. Come and join us and put a name to the many faces we see each Saturday at Mass. *Please leave your name, number attending and phone number on the list in the Culburra church foyer.*

**Culburra Family Group:** The next function will be on **Sunday, 17 July**, attending a performance of **Oliver** at The Shoalhaven Entertainment Centre. Please meet in the foyer at 1.30.

**Seeking more altar servers:** If you have a child who has received First Communion and wants to serve at Mass at any of our churches, please contact Fr Duane.

### **CatholicCare Nowra - Workshops throughout Term 3**

**"Circle of Security":** Helping parents understand their child's world by learning to read their emotional needs. Secure children have empathy, greater self esteem, better relationships and increased capacity to handle their emotions. **6 Tuesdays: July 19, 26, August 2, 9, 16 & 23,** 10am-12:30pm. At CatholicCare, 68 Shoalhaven St, Nowra. Ph 4421 8248. Workshop Fee: \$15 per session, Childcare: \$5 per family.

**"Poppy Playgroup":** For parents with mental health issues, and their children from 0-5yrs. Parents can enjoy play time with their children, then discussion time about different parenting issues. **5 Fridays: 22 July, 5, 19 Aug, & 2, 16 Sept.** 10am – 12.30pm. At CatholicCare 68 Shoalhaven St, Nowra. No fee. *Mothers please bring healthy snack/lunch for your child, & something for yourself to share with the other mothers.*

**"123 Magic & Emotion Coaching":** This time tested program provides parents with easy to use disciplining techniques for their children, without letting emotions get the better of them. **3 Wednesdays: 20 July, 3 & 17 Aug.** 10am – 12.30pm at CatholicCare, 55 Worrigeer St, Nowra. No childcare. **OR 3 Tuesdays: 6, 13 & 20 Sept.** 10am – 12.30pm at Sanctuary Point Connect, 41 Idlewild Ave, Sanctuary Pt. Free child care. Workshop Fee: \$15 per session.



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**Palms Australia ~ Fulfilling International Mission for Skilled Volunteers:** Communities in East Timor, PNG, Kenya, Kiribati, Samoa and elsewhere are asking for volunteers to assist mentor local workers and so assist poverty reduction. **Info session, Sunday 24 July, 10.30am, Aquinas Academy, The Rocks.** RSVP [joey@palms.org.au](mailto:joey@palms.org.au) or 9518 9551.

**Marriage Encounter weekend:** All married couples are invited to a **weekend 23-25 Sept.** in Varroville. Three couples and a priest give talks about their relationship and faith. After each talk you have time to discuss in the privacy of your room. No group discussions~ so it is a warm, gentle learning process. Contact Ardell & Bill Sharpe (02) 4283 3435 [wsharpe@bigpond.net.au](mailto:wsharpe@bigpond.net.au)

**“In the Footsteps of Mary MacKillop”**  
**Have you considered participating in the National Pilgrimage?** In this Sesquicentenary Year, the Sisters of St Joseph invite you on this pilgrimage, giving you the opportunity to journey to significant places in Australia made holy by St Mary MacKillop. While on pilgrimage reflect on St Mary MacKillop's life and recognise her relevance in your own life. **Dates: 9 to 19 November 2016**  
**Cost Ex Sydney:** \$2,860.00 (all inclusive: airfares, accommodation, coach travel, admission fees & meals).  
**Single Supplement:** \$590.00  
Further information please contact Sister Annie Bond rsj on 02 89124818, or [MMP.NationalPilgrimage@sosj.org.au](mailto:MMP.NationalPilgrimage@sosj.org.au).

**VOLUNTEERS FOR EXCITING NEW YOUTH MINISTRY INITIATIVES – APPLY NOW!** If you're aged 18-35 and interested in music, sound, lighting, events, teaching, preaching, dance, drama, leadership or just want to lend a hand, call Seth Harsh on 4222 2460 or email [seth.harsh@dow.org.au](mailto:seth.harsh@dow.org.au)

**Significant Marriage Anniversaries Diocesan Mass:** If you are celebrating **25, 40, 50 or 60 years** of marriage this year and would like an invitation to the Mass to be celebrated by Bishop Peter Ingham on **Sunday, 18 September, 2.00pm**, contact **Helen Bennett 4222 2403** or email [helen.bennett@dow.org.au](mailto:helen.bennett@dow.org.au) at the Office of the Bishop by Mon 12 August and an invitation will be sent to you.

**The “Safe Schools” Program:** While bullying and homophobia must always be opposed in schools and in society, the “safe schools” program goes far beyond this theme. It contains explicit and controversial sexual content for both secondary and primary schools, presented without informing or seeking consent from parents. Parents are urged to inform themselves of the content of this program, especially since a number of state schools in our local area are already implementing it. See [www.kidsrights.org.au](http://www.kidsrights.org.au) for more information.

**Tuesday mornings at Nowra:** All are welcome to share in morning tea straight after Mass every Tuesday. All are also welcome to come pray the Rosary together every Tuesday at 9.30am in St. Michael's Church.

**SVdP ~ Piety Stall Nowra** is well worth a look for your religious gifts. Items can also be ordered from the catalogue in the Berry Street store. Also available to order, handmade First Holy Communion veils. Ph: 4421 7395.

**Sacred Heart Church Piety Stall –** Religious gifts and cards. Piety Stall open after Sunday Mass (9.30am) or call Suzie Alamango on 4448 6219 or 0419 249 008. Communion and other items are also available at the stall and by special order from the catalogue (copies available at each Church).

**Sisters of St Joseph: To honour 150 years** of the Sisters of St Joseph we invite you to come and explore all that **Mary MacKillop Place** has to offer. The Mary MacKillop Place Chapel, Museum, Café, and Gift Shop Staff will be hosting an evening on **Tuesday, 2 August**. Guests are welcome from **5pm to 8pm**. During your visit you might like to enjoy complimentary culinary delights from our Café. Dedicated Staff and Volunteers will also be available to explain the goods and services available at Mary MacKillop Place; provide information on programs, tours, pilgrimage packages; processes for booking the Chapel; products available in the Café and Gift Shop, as well as the use of our online facilities.

**Location:** *Mary MacKillop Place, 7-11 Mount Street, North Sydney. (Museum entry is 7 Mount Street)*

To assist you to attend we have accommodation available at a discounted rate: Single room, shared bathroom \$55, Ensuite room \$90 or Apartment \$115. RSVP to [mackillop@sosj.org.au](mailto:mackillop@sosj.org.au) For accommodation bookings call 8912 4800 and quote **Be Our Guest and Celebrate 150 Years**

**Sisters of St Joseph ~ Be our Guest at Anderledy Lodge** and celebrate 150 years of the Sisters of St Joseph. Come and explore all that **Mary MacKillop Place** has to offer.

**Location:** *Mary MacKillop Place, 7-11 Mount Street, North Sydney.*

Experience our Accommodation & Conferencing facilities on **Thursday, 4 August**, open all day, for your enjoyment.

- Be our guest for breakfast from 7am - 8am, followed by a guided tour of accommodation and conference facilities.
- Or enjoy morning tea from 10am - 10:30am followed by a guided tour
- If lunchtime is more practical then come and experience a light working lunch from 12noon - 1pm followed by a guided tour
- If your morning has been hectic, then come and experience afternoon tea from 3pm - 3:30pm followed by a guided tour
- Or you might like to enjoy our canapés from 5pm - 6pm followed by a guided tour

Please RSVP: [mmpevent.bookings@sosj.org.au](mailto:mmpevent.bookings@sosj.org.au)

with your preferred time of attendance.  
**Be Our Guest and Celebrate 150 Years**

**Piano For Sale** ~ 'Kawai' upright, mahogany. Good condition. \$3,000 negotiable. Ph: 0423 003 859.