



St Michael's Parish, Nowra – Tel: 4423 1712 E-mail: office@nowraparish.org.au

Website: nowraparish.org.au Incorporates the Church Communities of St Michael, Nowra; St Patrick, Berry Sacred Heart, Bomaderry; Mary, Help of Christians, Culburra; St Joseph, Kangaroo Valley; Holy Spirit, Vincentia.

17th Sunday Ordinary Time (Yr C)
24th July 2016

Sunday Masses:

NOWRA.....6pm Vigil; 8am, 9.30am & 6pm
BERRY 8.00am
BOMADERRY.....9.30am
CULBURRA 6pm Vigil
VINCENTIA. 6pm Vigil & 9.30am
KANGAROO VALLEY11.00am

Weekday Masses:

Nowra:....Mon 7.00am; Tues/Wed/Thurs 8.15am
Fri 7.00am and 11.30am, (Holy Hour 10.30am);
Sat. 9.00am

Berry: Tues 5.30pm **Culburra:** Thurs. 5.30pm
Vincentia:. Mon/Thurs/Fri. 8.00am; Tues/Wed 5.30pm
K Valley:. Tuesday/Thursday..9.00am. Wed 7.00am
Shoalhaven Heads: Fri 3.30pm

Confession--Reconciliation

Nowra:Sat : 9.30am -10.30am. 5.00 - 5.30pm
Culburra: Sat 5.30pm.....**Berry:** Tues 6.00pm
Kangaroo Valley:.....Sat 4.30 - 5.00pm
Vincentia:.....Sat 5 - 5.30pm

We prayerfully remember all those who died recently, especially **Maree Fazzolari, Winifred Lynch** (104 yrs), **Irmgard Matlik**, and **Francis Harding**. Also, **John Ryan, Albert Muller, Cathy Morrissey, Garry Rhodes**, and **Frank Wall** whose anniversaries occur. *May they rest in eternal peace.*



Rosters for August/September for Nowra are available in the Church Foyer from this weekend.

Catechist needed for a small Year 1 class at Nowra Primary School, Wednesdays 10:25 – 10:55am. Please contact Frances ASAP if you are able to help.

St Vincent de Paul ~ Annual Winter Appeal: **Holy Spirit Vincentia** is holding a bucket collection on the weekend 30/31 July; **St Patrick's Berry** will hold collections after Mass, Sundays 24 & 31 July.

St Vincent de Paul ~ Annual Doorknock Appeal is coming up – **20/21 & 27/28 August**. We are looking for volunteers to assist at shopping centres & door knocking. Enquiries: Mary 4421 0717 / 0421 834 846 or Ivor 4421 0929.

CHOIR – ALL WELCOME! All interested parishioners are invited to join with the choir for monthly rehearsals, introducing new hymns into our Sunday worship at both Nowra & Bomaderry Masses over the next few months. Rehearsals will alternate between Nowra & Bomaderry churches. You don't have to commit to a given Mass; you can come along to the practice, learn the songs, and then lift the singing at whatever Mass you attend!
Rehearsals commence: Sun, 31 July, Sacred Heart Church, Bomaderry following 9.30 Mass. Future dates & times to be advised.

Inquiry Night ~ There will be an Inquiry night for people interested in becoming Catholic, **THIS TUESDAY 26th July at 7.30pm in the Parish Centre.** Please speak about this to someone who might be encouraged to attend...you might consider offering to accompany them! For further information, contact Sr Sue or Fr Duane. No commitment needed at this stage. Parish: 4423 1712

2nd Parent Evening for Reconciliation, THIS WEDNESDAY 27 July, 7pm in St Michael's School Hall for those in the Berry, Kangaroo Valley, Nowra & Culburra regions. If you wish for your child to receive the Sacrament of Reconciliation (Confession) this year, then you *must* attend this **final meeting** before the lessons commence next week. For the Vincentia region, the Parent Information Meeting is on Tues 26 July at 4:30pm, in the Holy Spirit Church Hall, Vincentia.

GRANDPARENTS' DAY: Special Mass this Thursday at the St Michael's school hall celebrating Grandparents' – connected with this Tuesday's feast of Sts. Anne and Joachim (parents of Mary; grandparents of Jesus). The Mass will be held this **Thursday 28th July, at 11:30am in the St Michael's school hall.**

CHILDREN'S LITURGY begins again this week at Nowra's Sunday 9:30am Masses. Our volunteers are meeting this week to discuss how to continue to build this wonderful ministry for our children and young families; **new volunteers are welcome** to come to this meeting, share ideas and bolster the roster this term, at the **Parish Centre this Monday 25th July at 3:20pm.**

Mary Help Of Christians Culburra, Social Evening At *Sun Sun* Chinese Restaurant, 185 Prince Edward Ave, Sat 27 August, 7:15pm. \$20pp + drinks. Come and put a name to the many faces we see each Saturday at Mass. *Please leave your name, number attending & phone no. on the list in the Culburra church foyer.*

Bay & Basin CWL will be holding our "Remembering Deceased Members & Friends Day" at our monthly meeting in the hall, **Thurs 4 Aug**, 11am. Guest speaker: Helen Breen, social worker for the Cancer Council. Soup & slice luncheon. Entry \$5. All parishioners welcome. More info: Jo 44438026 / Moya 44439698.

Holy Spirit Church, Vincentia ~ Spring Fair Meeting The next meeting will be this **Sun, 24 July** after the 9.30am Mass. *All welcome.*

"ST. MICHAEL'S CUPPA AND PLAY" Begins again this week! Mums, dads, grandparents and little ones: **Mondays 9am to 11am at the foyer of the school hall**, please bring a snack and a gold coin donation. A great way to meet other families from the parish, school, and community. For more info contact Rita, 0411961523.

Crafty ladies have another collection coming together for Vinnies. Our sincere thanks to those who are donating bags of beautiful items; scarves, baby things, etc to the Parish Office. Your thoughtfulness & generosity are very much appreciated. Newcomers always welcome – **Wednesday 9:30am Parish Centre.** Best wishes to a couple of sick members of our group.

NEW PARISH INITIATIVE: A group has been started within St Michael's Nowra community to organise social events for our parishioners. The planning for a Trivia evening is well on the way, plus a lot more; details will be announced soon. First, we are holding a gathering in the **Parish Centre on Wed 3rd August at 5.30pm** for anyone interested to come and put forward suggestions for future social events. You are very welcome to attend this gathering for discussion which will be followed by refreshments (including wine and cheese). For further information please contact Kevin, 0412 664 213.



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“Breaking the Silence”: Family Violence Awareness Dinner, 6:30pm Thurs 11 August, Fraternity Club, Fairy Meadow. Parishioners from the Diocese are invited to organise tables of 10. Listen to and engage with keynote speakers who deal with the ramifications of family violence in our community. To book: www.events.dow.org.au or contact Fr Duane for info.

Seeking more altar servers: If you have a child who has received First Communion and wants to serve at Mass at any of our churches, please contact Fr Duane.

CatholicCare Nowra - Workshops throughout Term 3

“Circle of Security”: Helping parents understand their child’s world by learning to read their emotional needs. Secure children have empathy, greater self esteem, better relationships and increased capacity to handle their emotions. **6 Tuesdays: July 19, 26, August 2, 9, 16 & 23,** 10am-12:30pm. At CatholicCare, 68 Shoalhaven St, Nowra. Ph 4421 8248. Workshop Fee: \$15 per session, Childcare: \$5 per family.

“Poppy Playgroup”: For parents with mental health issues, and their children from 0-5yrs. Parents can enjoy play time with their children, then discussion time about different parenting issues. **5 Fridays: 22 July, 5, 19 Aug, & 2, 16 Sept.** 10am – 12.30pm. At CatholicCare 68 Shoalhaven St, Nowra. No fee. *Mothers please bring healthy snack/lunch for your child, & something for yourself to share with the other mothers.*

“123 Magic & Emotion Coaching”: This time tested program provides parents with easy to use disciplining techniques for their children, without letting emotions get the better of them. **3 Wednesdays: 20 July, 3 & 17 Aug.** 10am – 12.30pm at CatholicCare, 55 Worrigea St, Nowra. No childcare. **OR 3 Tuesdays: 6, 13 & 20 Sept.** 10am – 12.30pm at Sanctuary Point Connect, 41 Idlewild Ave, Sanctuary Pt. Free child care. Workshop Fee: \$15 per session.

Tuesday mornings at Nowra: All are welcome to share in morning tea straight after Mass every Tuesday. All are also welcome to come pray the Rosary together **every Tuesday at 9.30am** in St. Michael’s Church.

Palms Australia ~ Fulfilling International Mission for Skilled Volunteers: Communities in East Timor, PNG, Kenya, Kiribati, Samoa and elsewhere are asking for volunteers to assist mentor local workers and so assist poverty reduction. **Info session, Sunday 24 July,** 10.30am, Aquinas Academy, The Rocks. RSVP joey@palms.org.au or 9518 9551.

Marriage Encounter weekend: All married couples are invited to a **weekend 23-25 Sept.** in Varroville. Three couples and a priest give talks about their relationship and faith. After each talk you have time to discuss in the privacy of your room. No group discussions~ so it is a warm, gentle learning process. Contact Ardell & Bill Sharpe (02) 4283 3435 wsharpe@bigpond.net.au

“In the Footsteps of Mary MacKillop”
Have you considered participating in the National Pilgrimage? In this Sesquicentenary Year, the Sisters of St Joseph invite you on this pilgrimage, giving you the opportunity to journey to significant places in Australia made holy by St Mary MacKillop. While on pilgrimage reflect on St Mary MacKillop’s life and recognise her relevance in your own life. **Dates: 9 to 19 November 2016**
Cost Ex Sydney: \$2,860.00 (all inclusive: airfares, accommodation, coach travel, admission fees & meals).
Single Supplement: \$590.00
Further information please contact Sister Annie Bond rsj on 02 89124818, or MMP.NationalPilgrimage@sosj.org.au.

VOLUNTEERS FOR EXCITING NEW YOUTH MINISTRY INITIATIVES – APPLY NOW! If you’re aged 18-35 and interested in music, sound, lighting, events, teaching, preaching, dance, drama, leadership or just want to lend a hand, call Seth Harsh on 4222 2460 or email seth.harsh@dow.org.au

Significant Marriage Anniversaries Diocesan Mass: If you are celebrating **25, 40, 50 or 60 years** of marriage this year and would like an invitation to the Mass to be celebrated by Bishop Peter Ingham on **Sunday, 18 September, 2.00pm,** contact **Helen Bennett 4222 2403 or email helen.bennett@dow.org.au** at the Office of the Bishop by Mon 12 August and an invitation will be sent to you.

The “Safe Schools” Program: While bullying and homophobia must always be opposed in schools and in society, the “safe schools” program goes far beyond this theme. It contains explicit and controversial sexual content for both secondary and primary schools, presented without informing or seeking consent from parents. Parents are urged to inform themselves of the content of this program, especially since a number of state schools in our local area are already implementing it. See www.kidsrights.org.au for more information.

SVdP ~ Piety Stall Nowra is well worth a look for your religious gifts. Items can also be ordered from the catalogue in the Berry Street store. Also available to order, handmade First Holy Communion veils. Ph: 4421 7395.

Sacred Heart Church Piety Stall – Religious gifts and cards. Piety Stall open after Sunday Mass (9.30am) or call Suzie Alamango on 4448 6219 or 0419 249 008. Communion and other items are also available at the stall and by special order from the catalogue (copies available at each Church).

FOLLOWING ST MARY MACKILLOP – FOOTSTEPS OF MERCY

Tuesday 16 August, 7:30-9:30pm, Parish Hall, St Paul’s Parish 24 Garrett St MOSS VALE

Led by Sr Colleen O’Sullivan rsj, this workshop will reflect upon how the lens of mercy inspired St Mary MacKillop’s thought and actions. Mary saw poverty and injustice around her and acted on what she saw through that lens. The group will then reflect on how today we are called to view our society, both local and global, through the twin lens of mercy and love. **Registration essential to Helen Bennett 4222 2403 or helen.bennett@dow.org.au**

The Wollongong Diocesan Mass to celebrate the Feast of St Mary of the Cross MacKillop will be held at St John’s Church, Dapto on Tuesday 9 August 2016 at 11.00am. Bishop Peter will celebrate the Mass along with Father Francis Tran and Father Patrick Vaughan. Lunch will be available following Mass and will be hosted by the Wollongong Diocesan Catholic Women’s League. All are welcome.