



St Michael's Parish, Nowra – Tel: 4423 1712 E-mail: office@nowraparish.org.au

Website: nowraparish.org.au Incorporates the Church Communities of St Michael, Nowra; St Patrick, Berry Sacred Heart, Bomaderry; Mary, Help of Christians, Culburra; St Joseph, Kangaroo Valley; Holy Spirit, Vincentia.

19th Sunday Ordinary Time (Yr C)
7th August 2016

Sunday Masses:

NOWRA.....6pm Vigil; 8am, 9.30am & 6pm
BERRY 8.00am
BOMADERRY.....9.30am
CULBURRA 6pm Vigil
VINCENTIA. 6pm Vigil & 9.30am
KANGAROO VALLEY11.00am

Weekday Masses:

Nowra:....Mon 7.00am; Tues/Wed/Thurs 8.15am
Fri 7.00am and 11.30am, (Holy Hour 10.30am);
Sat. 9.00am
Berry: Tues 5.30pm **Culburra:** Thurs. 5.30pm
Vincentia:. Mon/Thurs/Fri. 8.00am; Tues/Wed 5.30pm
K Valley:. Tuesday/Thursday..9.00am. Wed 7.00am
Shoalhaven Heads: Fri 3.30pm

Confession--Reconciliation

Nowra:Sat : 9.30am -10.30am. 5.00 - 5.30pm
Culburra: Sat 5.30pm.....**Berry:** Tues 6.00pm
Kangaroo Valley:.....Sat 4.30 - 5.00pm
Vincentia:.....Sat 5 - 5.30pm

We prayerfully remember all those who died recently, especially **Stella Hynes, and Simon Bromley**. Also, **Danielle Bradshaw, Peter Cahill, Ron and Sheila Bowden, Maurie Witts, Christine Couch, Jack Silk, Lallie Quade, Bernie Kirkman, Colleen Baker and Damien Baker**, whose anniversaries occur. *May they rest in eternal peace.*



CWL Nowra ~ Monthly meeting, Tues 9 August, 9.30am morning tea, followed by Meeting at 10am, Parish Centre. Contact: Judy 4421 8565.

St Vincent de Paul ~ Annual Doorknock Appeal is coming up – **20/21 & 27/28 August**. We need volunteers to assist at shopping centres & door knocking. **Sign up sheets are in the foyers of the Churches.** Enquiries: Mary 4421 0717 / 0421 834 846 or Ivor 4421 0929.

Craft-tea ~ Congratulations ladies; what a wonderful range of child and adult hand made items were handed over to Vinnies today. Thankyou to the generous parishioners who have also donated many items. A premie baby was given a beautiful knitted outfit. *Well done ladies.*

DISABILITIES AWARENESS WORKSHOP: Saturday 3 September, 11am-1pm at St Michael's Parish Centre. Sister Ruth from CatholicCare Wollongong will present ways in which we as a community can better include, support, and reach out to people with disabilities and their families. **This will also be an opportunity to join a new Parish group focusing on this area of Parish life.** Please contact Parish office 44231712 or email office@nowraparish.org.au if you are attending the workshop.

“Breaking the Silence”: Family Violence Awareness Dinner, **6:30pm Thurs 11 August, Fraternity Club, Fairy Meadow.** Parishioners from the Diocese are invited to organise tables of 10. Listen to and engage with keynote speakers who deal with the ramifications of family violence in our community. To book: www.events.dow.org.au or contact Fr Duane for info.

Nowra Community Social Group ~ An enthusiastic group of parishioners met on Wednesday night with lots of ideas for social events. We'll let you know what's 'coming up!'

“St. Michael's Cuppa and Play” ~ Mums, dads, grandparents and little ones: **Mondays 9am to 11am at the foyer of the school hall**, please bring a snack and a gold coin donation. A great way to meet other families from the parish, school, and community. For more info contact Rita, 0411961523.

Mary: Mother, model Christian or madness? For centuries no figure has divided Christians - Protestants and Catholics - like the one the Early Church referred to as the Theotokos, Mother of God. But what does the Catholic Church really teach about Mary? Do we pray to her? Worship her? Come along on **Tuesday 23 August, 9:30am-1pm at the Parish Centre** to explore the teachings and traditions which shape the beliefs of the Church today. There's definitely something about Mary! RSVP Frances 44231712 or catechist@nowraparish.org.au

New Inquirers welcome to our RCIA session this **Tuesday 9 August** at 7.30pm, Parish Centre. For those interested in Baptism, or those already baptised who wish to explore the Catholic faith.

The Social Evening planned for Our Lady Help of Christians, Culburra has received a wonderful response – Saturday August 27th at 7:15pm at the local Chinese Restaurant – we have already reached capacity for the restaurant! In order to confirm the payment for the restaurant, could all who have put their names down please bring your **\$20 in an envelope marked with your names** to Jeanette by **Saturday August 20th**. *Those who didn't get their names down, be assured of more social evenings to come!*

Holy Spirit, Vincentia ~ “Senior Rights Service” will hold a public information session on consumer rights, scams and planning for end of life etc. in the hall of Holy Spirit Catholic Church, St George Ave Vincentia, **Monday 3 October** from 9.00am – 12.00pm. Registration essential to: Margaret Crothers, Education Officer 1800 424 079. As numbers are limited to 40, parishioners will have an opportunity to register before the public during August.

The Wollongong Diocesan Mass to celebrate the Feast of St Mary of the Cross MacKillop, held at St John's Church, Dapto, Tues 9 August, 11.00am. Bishop Peter will celebrate Mass with Fr Francis Tran and Fr Patrick Vaughan. Lunch will follow, *all welcome.*

AUSTRALIAN CENSUS 2016 ~ Identifying your faith helps to determine the allocation of resources to faith groups in their contribution to society in education, healthcare and social services; enables religious organisations to credibly contribute to public debate on important issues; highlights the importance of interfaith harmony; allows for effective planning for places of worship and the many 'good works' of Religions. **Stand up and be counted when you participate in the Census this Tuesday 9 August 2016.**

National Vocations Awareness Week: 7th-14th August: Today we celebrate and give thanks for the many joys and gifts that the Priesthood and Consecrated Life bring to society. We pray for those called to these vocations. Contact Fr Richard Healey, Vocations Director, on 0401 621 591 or priesthood@dow.org.au

We look forward to welcoming Fr Pat back next week!



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Significant Marriage Anniversaries Diocesan Mass:

If you are celebrating **25, 40, 50 or 60 years** of marriage this year and would like an invitation to the Mass celebrated by Bishop Peter Ingham on **Sun, 18 September, 2.00pm**, contact **Helen Bennett 4222 2403** or email helen.bennett@dow.org.au at the Office of the Bishop by Mon 12 August and an invitation will be sent to you.

NATIONAL VOCATIONS AWARENESS WEEK 7 - 14 AUGUST

~ Today we celebrate and give thanks for the many joys and gifts that the Priesthood and Consecrated Life bring to society. We pray for those called to these vocations. Is God calling you to explore your vocation? "In each one of you there is a chest, a box, and inside there's a treasure. Your job is to open the chest and pull out the treasure, make it grow, give it to others, and receive the treasure of others." *Pope Francis*. Contact Fr Richard Healey, Vocations Director, 0401 621 591 or priesthood@dow.org.au

Marriage Encounter weekend: All married couples are invited to a **weekend 23-25 Sept.** in Varroville. Three couples and a priest give talks about their relationship and faith. After each talk you have time to discuss in privacy. No group discussions~ so it is a warm, gentle learning process. Contact Ardell & Bill Sharpe (02) 4283 3435 wsharpe@bigpond.net.au

Mary Help Of Christians Culburra, Social Evening

At *Sun Sun* Chinese Restaurant, 185 Prince Edward Ave, **Sat 27 August, 7:15pm.** \$20pp + drinks. Come and put a name to the many faces we see each Saturday at Mass. *Please leave your name, number attending & phone no. on the list in the Culburra church foyer.*

Tuesday mornings at Nowra: All are welcome to share in morning tea straight after Mass every Tuesday. All are also welcome to come pray the Rosary together **every Tuesday at 9.30am** in St. Michael's Church.

MANY CULTURES – One In Christ Mass & Festival; Sun 28 August, 2pm-5pm, St Francis Xavier Cathedral & St Mary Star of the Sea College, Harbour St, W'GONG. Our annual Mass and festival celebrating

the rich cultural diversity and heritage existing within our Diocese occurs at the end of August. All are invited to celebrate with Bishop Peter the many blessings and roles our cultural communities play within our broader diocesan community. This celebration coincides with the annual *Migrant & Refugee Week*.

VOLUNTEERS FOR EXCITING NEW YOUTH MINISTRY INITIATIVES – APPLY NOW!

If you're aged 18-35 and interested in music, sound, lighting, events, teaching, preaching, dance, drama, leadership or just want to lend a hand, call Seth Harsh on 4222 2460 or email seth.harsh@dow.org.au. Don't miss this opportunity to share and develop your gifts by being part of Catholic Youth initiatives that are set to transform the face of youth ministry in this Diocese and beyond!

Friday Night Catholic Youth Ministry in Wollongong To be held at West Wollongong Parish for 5th & 12th August.

iSTAND is the Diocesan youth group run every Friday night during the Term. Join us on the 12 August for a night focused on faith, fun and providing opportunity to build quality friendships. Run by the Youth Mission Team, iSTAND is facilitated by a team of volunteers who have devoted this year to witnessing Christ to young people in high schools and through youth events. 14-18 year olds (in Year 12) welcome, bring a donation for running costs. Contact Tara Hennessy 0432 924 505 for more info.

IMPACT – A CONVENTION FOR YOUTH & YOUNG ADULTS 6-8 OCTOBER, at VARROVILLE. Presented by The Catholic Guy. For registration please visit impactconvention.com

CatholicCare Nowra - Workshops throughout Term 3

"Circle of Security": Helping parents understand their child's world by learning to read their emotional needs. Secure children have empathy, greater self esteem, better relationships and increased capacity to handle their emotions. **6 Tuesdays: July 19, 26, August 2, 9, 16 & 23,** 10am-12:30pm. At CatholicCare, 68 Shoalhaven St, Nowra. Ph 4421 8248. Workshop Fee: \$15 per session, Childcare: \$5 per family.

"Poppy Playgroup": For parents with mental health issues, and their children from 0-5yrs. Parents can enjoy play time with their children, then discussion time about different parenting issues. **5 Fridays: 22 July, 5, 19 Aug, & 2, 16 Sept.** 10am – 12.30pm. At CatholicCare 68 Shoalhaven St, Nowra. No fee. *Mothers please bring healthy snack/lunch for your child, & something for yourself to share with the other mothers.*

"123 Magic & Emotion Coaching": This time tested program provides parents with easy to use disciplining techniques for their children, without letting emotions get the better of them. **3 Wednesdays: 20 July, 3 & 17 Aug.** 10am – 12.30pm at CatholicCare, 55 Worrigeer St, Nowra. No childcare. **OR 3 Tuesdays: 6, 13 & 20 Sept.** 10am – 12.30pm at Sanctuary Point Connect, 41 Idlewild Ave, Sanctuary Pt. Free child care. Workshop Fee: \$15 per session.

FOLLOWING ST MARY MACKILLOP – FOOTSTEPS OF MERCY

Tuesday 16 August, 7:30-9:30pm, Parish Hall, St Paul's Parish, 24 Garrett St MOSS VALE.

Led by Sr Colleen O'Sullivan rsj, this workshop will reflect upon how the lens of mercy inspired St Mary MacKillop's thought and actions. Mary saw poverty and injustice around her and acted on what she saw through that lens. The group will then reflect on how today we are called to view our society, both local and global, through the twin lens of mercy and love. **Registration essential to Helen Bennett 4222 2403 or helen.bennett@dow.org.au**