



St Michael's Parish, Nowra – Tel: 4423 1712 E-mail: office@nowraparish.org.au

Website: nowraparish.org.au Incorporates the Church Communities of St Michael, Nowra; St Patrick, Berry Sacred Heart, Bomaderry; Mary, Help of Christians, Culburra; St Joseph, Kangaroo Valley; Holy Spirit, Vincentia.

20th Sunday Ordinary Time (Yr C) 14th August 2016

Sunday Masses:

NOWRA6pm Vigil; 8am, 9.30am & 6pm
BERRY 8.00am
BOMADERRY9.30am
CULBURRA 6pm Vigil
VINCENTIA. 6pm Vigil & 9.30am
KANGAROO VALLEY11.00am

Weekday Masses (also see note below for special Mass times this Monday for the Assumption)

Nowra: Mon 7.00am; Tues/Wed/Thurs 8.15am
 Fri 7.00am and 11.30am, (Holy Hour 10.30am);
 Sat. 9.00am
Berry: Tues 5.30pm **Culburra:** Thurs. 5.30pm
Vincentia: Mon/Thurs/Fri. 8.00am; Tues/Wed 5.30pm
K Valley: Tuesday/Thursday..9.00am. Wed 7.00am
Shoalhaven Heads: Fri 3.30pm

Confession--Reconciliation

Nowra:Sat : 9.30am -10.30am. 5.00 - 5.30pm
Culburra: Sat 5.30pm.....**Berry:** Tues 6.00pm
Kangaroo Valley:.....Sat 4.30 - 5.00pm
Vincentia:.....Sat 5 - 5.30pm

Feast of the Assumption of the Blessed Virgin Mary (Monday 15th August): *"She is our Mother, but we can also say that she is our representative, our sister, our eldest sister, she is the first of the redeemed, who has arrived in heaven" (Pope Francis).* This Monday is a "holy day of obligation" – when the Church throughout the world gathers for Mass to celebrate Mary, Mother of the Church.

Special Mass Times this Monday:

Nowra: 7.00am; 11:30am; 6.30pm; **Culburra:** 8.00am;
Berry: 5:30pm; **Vincentia:** 8.00am & 6.00pm;
K Valley: 9.00am

We prayerfully remember all those who died recently, especially **Robert Fuller, Ignatius Paiva, Kathy Robbins** (Bruce Davis' sister), and **Jenny Drewe** (Crossroads). Also, **Flo Burns, Dennis Rennell, Edward and Marija Alamango, Kim Nelson, Sam Falzon, and Lilian Maguire**, whose anniversaries occur. *May they rest in eternal peace.*



Mary: Mother, model Christian or madness? What does the Catholic Church really teach about Mary? Do we pray to her? Worship her? Come along on **Tues 23 Aug, 9:30am-1pm, Parish Centre** to explore the teachings and traditions which shape the beliefs of the Church today. This in-service for Catechists is open to all parishioners. RSVP Frances 44231712 or catechist@nowraparish.org.au.

CHOIR – All Welcome! You are invited to join with the choir for monthly rehearsals, introducing new hymns at Nowra & Bomaderry over coming months. Rehearsals alternate between Nowra & Bomaderry. You don't have to commit to a given Mass. Next rehearsal **this Thursday 18th August, 6pm**, at St. Michael's Church.

St Vincent de Paul ~ Annual Doorknock Appeal is coming up – **20/21 & 27/28 August**. We need volunteers to assist at shopping centres & door knocking. **Sign up sheets are in the foyers of the Churches.** Enquiries: Ann Doxford 4480 5355 & 0419 419 982, or Ivor 4421 0929.

READERS' FORUM ~ Proclaiming the Word. Sat, 10 Sept, 10.30am (cup of tea) for 11am start till 12.30pm; or Thurs, 15 Sept, 7pm-8:30pm; Parish Centre (Polding Room). This Forum is open to all readers & those interested in reading at Mass. Any queries please contact Robbie 0407 013551.

YOUTH EVENT! We are organizing a bus to take **young people aged 14-18** to "iSTAND", Wollongong. "iSTAND" is the Diocesan Youth Group, run every Friday night during school Term by Youth Mission Team. It attracts around 40 young people every Friday, and with over 20 already interested in the bus trip from our own parish, this is promising to be an extra special youth event! **Friday 26th August, bus leaves from Nowra Parish Centre at 5:30pm, arrives back around 10:30pm.** We hope to do this once a month. If you're interested in coming this month, **you must RSVP to Fr Duane by Friday 19th August** to duane@nowraparish.org.au

Disability Awareness Workshop: Sat 3 Sept, 11am-1pm, St Michael's Parish Centre. Sister Ruth from CatholicCare Wollongong will present ways in which we as a community can better include, support, and reach out to people with disabilities and their families. **This will also be an opportunity to join a new Parish group focusing on this area of Parish life.** Please RSVP as soon as you can, to Parish office 44231712 or email office@nowraparish.org.au

St. Patrick's Berry ~ Social & Family BBQ:

All are invited to the home of Bev and Denham Cathro on **Sun, 21 Aug** from 12 noon. This is a BYO BBQ with something to share. Address: 154 Bundewallah Rd. Ph 4464 3614 or email denhamcathri@bigpond.com

Holy Spirit Vincentia Spring Fair ~ Saturday 3rd September. Only 3 weeks to go! Final Fair meeting on Sun, 21 Aug. Stall holders requested to attend with progress reports. Details on Notice Board. Donations of books & treasures to the parish hall from Sat, 20 Aug to Thurs, 1 Sept. Letter box flyers available for delivery on the weekend of 20/21 August. Assistance needed for setting up Friday 2nd and early morning on the day of the Fair. Enquiries: Brian McCarron 0412 465 040.

The Reading Circle will resume on Tues 16 Aug, 10am. Meeting at the home of Maureen Williams, 40 Shoalhaven Heads Rd, Shoalhaven Heads. Ph. 44485468. The sessions over coming weeks offer an introduction to contemplative living through readings from Thomas Merton and other spiritual masters.

Culburra social evening – 27th August – please bring your \$20 in an envelope marked with your name to Jeanette (at the organ) by Saturday 20th August.

We welcome Fr Pat home after what we hope was a restful and enjoyable time away – a most well deserved holiday! Thanks to Fr Ronan, Fr Leo, Fr Bernard, Fr Michael, Sr Sue, Sr Beverley, Liz, Kerri-Anne and the many parishioners who took on extra work in Fr Pat's absence. Fr Duane will now be away until 24th August, spending time with family who are visiting from overseas.



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INVITATION ~ "G" Day ~ Grandparents, Guardians, Godparents of students in Year 7 are invited to attend Mass organised by Yr 7, in recognition & acknowledgement of the contribution these special people make. **Wed, 31 Aug, St. John's School Hall, 9.45am-10.45am.** *Following Mass, refreshments served in Hall.*

SUPPORTING SECET ~ Prayer Breakfast, Sat 27 Aug, 7.30 - 9am. All Saints Anglican Church, Nowra (venue may change due to renovations - TBA).

Holy Spirit, Vincentia ~ "Senior Rights Service" will hold a public information session on consumer rights, scams and planning for end of life etc. in the hall of Holy Spirit Catholic Church, St George Ave Vincentia, **Monday 3 October** from 9.00am – 12.00pm. Registration essential to: Margaret Crothers, Education Officer 1800 424 079. As numbers are limited to 40, parishioners will have an opportunity to register before the public during August.

Significant Marriage Anniversaries Diocesan Mass: If you are celebrating **25, 40, 50 or 60 years** of marriage this year and would like an invitation to the Mass celebrated by Bishop Peter Ingham on **Sun, 18 September, 2.00pm**, contact **Helen Bennett 4222 2403** or email helen.bennett@dow.org.au at the Office of the Bishop by Mon 15 August and an invitation will be sent to you.

Marriage Encounter weekend: All married couples are invited to a **weekend 23-25 Sept.** in Varroville. Three couples and a priest give talks about their relationship and faith. After each talk you have time to discuss in privacy. No group discussions~ so it is a warm, gentle learning process. Contact Ardell & Bill Sharpe (02) 4283 3435 wsharpe@bigpond.net.au

Tuesday mornings at Nowra: All are welcome to share in morning tea straight after Mass every Tuesday. All are also welcome to come pray the Rosary together **every Tuesday at 9.30am** in St. Michael's Church.

MANY CULTURES – One In Christ Mass & Festival; Sun 28 August, 2pm-5pm, St Francis Xavier Cathedral & St Mary Star of the Sea College, Harbour St, W'GONG. Our annual Mass and festival celebrating the rich cultural diversity and heritage existing within our Diocese occurs at the end of August. All are invited to celebrate with Bishop Peter the many blessings and roles our cultural communities play within our broader diocesan community. This celebration coincides with the annual *Migrant & Refugee Week*.

VOLUNTEERS FOR EXCITING NEW YOUTH MINISTRY INITIATIVES – APPLY NOW!

If you're aged 18-35 and interested in music, sound, lighting, events, teaching, preaching, dance, drama, leadership or just want to lend a hand, call Seth Harsh on 4222 2460 or email seth.harsh@dow.org.au. Don't miss this opportunity to share and develop your gifts by being part of Catholic Youth initiatives that are set to transform the face of youth ministry in this Diocese and beyond!

IMPACT – A CONVENTION FOR YOUTH & YOUNG ADULTS 6-8 OCTOBER, at VARROVILLE. Presented by The Catholic Guy. For registration please visit impactconvention.com

CatholicCare Nowra - Workshops throughout Term 3

"Circle of Security": Helping parents understand their child's world by learning to read their emotional needs. Secure children have empathy, greater self esteem, better relationships and increased capacity to handle their emotions. **6 Tuesdays: July 19, 26, August 2, 9, 16 & 23,** 10am-12:30pm. At CatholicCare, 68 Shoalhaven St, Nowra. Ph 4421 8248. Workshop Fee: \$15 per session, Childcare: \$5 per family.

"Poppy Playgroup": For parents with mental health issues, and their children from 0-5yrs. Parents can enjoy play time with their children, then discussion time about different parenting issues. **5 Fridays: 22 July, 5, 19 Aug, & 2, 16 Sept.** 10am – 12.30pm. At CatholicCare 68 Shoalhaven St, Nowra. No fee. *Mothers please bring healthy snack/lunch for your child, & something for yourself to share with the other mothers.*

"123 Magic & Emotion Coaching": This time tested program provides parents with easy to use disciplining techniques for their children, without letting emotions get the better of them. **3 Wednesdays: 20 July, 3 & 17 Aug.** 10am – 12.30pm at CatholicCare, 55 Worrigeer St, Nowra. No childcare. **OR 3 Tuesdays: 6, 13 & 20 Sept.** 10am – 12.30pm at Sanctuary Point Connect, 41 Idlewild Ave, Sanctuary Pt. Free child care. Workshop Fee: \$15 per session.

FOLLOWING ST MARY MACKILLOP – FOOTSTEPS OF MERCY

Tuesday 16 August, 7:30-9:30pm, Parish Hall, St Paul's Parish, 24 Garrett St MOSS VALE.

Led by Sr Colleen O'Sullivan rsj, this workshop will reflect upon how the lens of mercy inspired St Mary MacKillop's thought and actions. Mary saw poverty and injustice around her and acted on what she saw through that lens. The group will then reflect on how today we are called to view our society, both local and global, through the twin lens of mercy and love. **Registration essential to Helen Bennett 4222 2403 or helen.bennett@dow.org.au**