

Extracts from Pope Francis 2018 Lenten

Dear Brothers and Sisters,

Once again, the Pasch of the Lord draws near! In our preparation for Easter, God in his providence offers us each year the season of Lent as a “sacramental sign of our conversion”. [1] Lent summons us, and enables us, to come back to the Lord wholeheartedly and in every aspect of our life.

With this message, I would like again this year to help the entire Church experience this time of grace anew, with joy and in truth. I will take my cue from the words of Jesus in the Gospel of Matthew: “Because of the increase of iniquity, the love of many will grow cold” (24:12).

What are we to do?

By devoting more time to *prayer*, we enable our hearts to root out our secret lies and forms of self-deception, [5] and then to find the consolation God offers. He is our Father and he wants us to live life well.

Almsgiving sets us free from greed and helps us to regard our neighbour as a brother or sister. How I would like almsgiving to become a genuine style of life for each of us!

Fasting wakes, us up. It makes us more attentive to God and our neighbour. It revives our desire to obey God, who alone is capable of satisfying our hunger.

The fire of Easter

Above all, I urge the members of the Church to take up the Lenten journey with enthusiasm, sustained by almsgiving, fasting and prayer. If, at times, the flame of charity seems to die in our own hearts, know that this is never the case in the heart of God! He constantly gives us a chance to begin loving anew.

(Especially in the Sacrament of Reconciliation - Confession)

During the Easter Vigil, we will celebrate once more the moving rite of the lighting of the Easter candle. Drawn from the “new fire”, this light will slowly overcome the darkness and illuminate the liturgical assembly. “May the light of Christ rising in glory dispel the darkness of our hearts and minds” [7] and enable all of us to relive the experience of the disciples on the way to Emmaus. By listening to God’s word and drawing nourishment from the table of the Eucharist, may our hearts be ever more ardent in faith, hope and love. With affection and the promise of my prayers for all of you, I send you my blessing. “Please do not forget to pray for me” (Pope Francis)