



St Michael's Parish Nowra

Incorporates the Church communities of St Michael's - Nowra, St Patrick's - Berry, Sacred Heart - Bomaderry
Mary Help of Christians - Culburra, Holy Spirit - Vincentia & St Joseph's - Kangaroo Valley
Telephone: 4423 1712 Email: office@nowraparish.org.au Web: www.nowraparish.org.au

First Sunday of Lent
10th March 2019



Sunday Masses:

Nowra: Vigil 6:00pm, 8:00am, 9:30am & 6:00pm
Berry: 8:00am
Bomaderry: 9:30am
Culburra: Vigil 6:00pm
Vincentia: Vigil 6:00pm & 9:30am
Kangaroo Valley: 11:00am

Weekday Masses

Nowra: Mon 7:00am, Tues/Wed / Thurs 8:15am
Fri 7:00 & 11:30am – (Holy Hour – 10:30am)
Sat: 9:00am
Berry: Tues – 5:30pm Culburra: Thurs – 5:30pm
Vincentia: Mon/Thurs/Fri 8:00am, Tues/Wed: 5:30pm
K. Valley: Tues/Wed/Thurs. 9:00am
Shoalhaven Heads: Fridays 3:30pm

Confession / Reconciliation

Nowra: Sat 9:30-10:30am & 5:00- 5:30pm
Culburra : Sat 5:30pm
Vincentia: Sat 5:00-5:30pm
Berry: following Mass Tuesday c 6:00pm

We prayerfully remember the recently deceased: **Dominic Mandile** (Funeral, Berry Wed 13th 11am) and **Anthony Farrugia**. Also the following whose anniversaries occur: **Fr Peter McGrath, Frank Guinery, and Francene Devoy**. May they rest in peace.



First Meeting of Confirmation Candidates and Parents: Wed March 13th at St Michael's School Hall at 7:00pm. Children in Year 6 & upward, who have received the Sacraments of Reconciliation & Eucharist are eligible for Confirmation. It is essential that candidates & parent(s) attend this meeting. This meeting applies to students from all Schools and will be a registration of their Confirmation intent for May 26th

Helpers needed for Social event for families of Scripture children. The Bay & Basin Community Group has invited families of children attending Catholic Scripture classes to a social event on 17th March from 10.45-11.45am. Volunteers are needed to help with the catering and run games etc. Call Rennie D'Souza, 4441 5723 for more info or to volunteer.

Older Person Mental Health First Aid Course – Fri 22nd & Fri 29th March. A course to help people understand and relate to the mental health needs of older people. Annette Tesoriero (a parishioner of St Michael's) runs the course in West Nowra and is offering a special registration fee for fellow parishioners. Contact Annette 0416 723 893 or Annette@upskillmentalhealth.com

Easter Choir Rehearsals commence Tues 12th March at 6.30pm at St. Michael's Church. New singers always welcome.



Culburra Family Group gathering at Tilbury Cove on **Fri 22nd March** at 2:00 pm for a 'Green afternoon Tea (St Patrick's Day)', Wear something green; bring some green Irish food/drink to share.

Samaritan Group Reminder: Remember the Nowra community offers emergency meals to people in times of special need. Let us know if you are aware of someone who might need this short-term care. New volunteers also welcome. Sue or Bev 44212260 or Bernadette 0402136691.



St Patrick's Community Group warmly invites you to celebrate St Patrick's Day on **Sun 17th March**. Breakfast of bacon, eggs, sausages etc will follow Mass. For more details: Sue & Barry 0407 432 525 or Katherine - 0411 023 943

In terms of the Church's Precept fasting and abstaining from meat apply to **Ash Wednesday and Good Friday**. During Lent however and on the Fridays of the year, we are directed to do penance, not only on our own account, but also in the name of the Church and of the world. Taking seriously our penitential obligations, we ought to carefully select the form of penance that we consider most appropriate for our own circumstances and for our own growth in the Christian life, (In brief we are encouraged to choose our own form of penance for the Fridays of Lent)



Project Compassion – material is now available at all churches in our Parish. We encourage parishioners to support this worthy & well proven aspect of our Lenten observance. Caritas Australia through Project Compassion support a wide range of Programs in many regions of the Developing World.

Trust Lenten Program – Books are still available for \$5.00 each at the Parish office

Social Bowls – Tues 12th March, from 5:00pm at Bomaderry Bowling Club. Everyone welcome. Join a group of friendly people and enjoy a couple of stress free, fun filled hours. The cost is \$5.00 for bowls' hire and use of bowling green. Please wear flat soled shoes. 'Cheap Tuesday' dinner at the club optional after the game. Contact **Sylvia Palmer; 0437 267 245** for further details.

Bishop Brian opened and consecrated a new Church at **Our Lady Help of Christians' Parish, Rosemeadow** this Friday evening. We congratulate Fr Chris Sarkis and the parishioners on this great achievement.



KINDERGARTEN ENROLMENTS 2020

St Michael's Catholic Primary School applications for enrolment 2020 are now being accepted and packages available from the school office. Enrolment Interviews **Sat 18th May** and with the Parish Priest by appointment.



Nowra CWL –monthly meeting, **Tues 12th March**, 9:30am morning tea, followed by meeting at 10am in the Parish Centre. All are welcome. Enquiries Denise 44234942 or Gwen 4421 2198.



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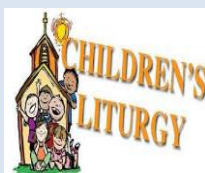
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CATHOLIC DOW 2019 GATHERING – Sat 30th March.

An invitation is extended to the faithful of the Catholic DOW to attend the 2019 Diocesan Gathering 11am-3pm to be held at St John the Evangelist Parish Hall, Campbelltown. The Gathering is an opportunity for people from across the Diocese to reflect on the issues raised in the Plenary Process in our Diocese. Lunch light provided. RSVP: helen.bennett@dow.org.au or 4222 2403 by Wed 27th Mar for catering purposes.



Children's Liturgy Sunday 9:30am
St Michaels - children aged 4 and up gather together with our volunteer teachers to receive God's Word on their own level, in a fun and interactive way.



CAtHFAMILY brings you a selection of activities, prayer rituals, crafts and recipes for free from their website www.cathfamily.org. Families in the are encouraged to utilise these resources at home to share faith with their kids.



LIGHT TO THE NATIONS 2019 18th -21st

April - is an Easter Pilgrimage event for Catholics (singles & families) aged 16+. Camp under the open skies with 1,000 other young people as we celebrate the Easter Triduum. Held in the grounds of Chevalier College, Bowral. Visit www.ltnn.org.au for more information and register today.

The Journey Catholic Radio Program – Airs weekly. Go to www.jcr.org.au or www.itunes.jcr.org.au where you can subscribe to weekly shows.

Prayer Basket, Nowra Church: The Alpha Team and Nowra Community Group have arranged a Prayer Basket in the side foyer. There are prayer cards where you can write a prayer intention and place it in the basket. An Alpha Team member will take the prayer intentions to the altar during the entrance procession.

Parish Staff – Parish Office: 4423 1712
Fr Patrick Faherty: Parish Priest, Nowra
Fr Leo Duck: Vincentia: 4441 5571
Fr Ronan Kilgannon: Kangaroo Valley
Deacon Peter Presdee: Chaplain to Corrective Services
Sisters Beverley Caffery and Sue Barker SGS
Mrs Frances Fairs: Catechist Coordinator 4423 1712
Mrs Michelle Marshall: PT Parish Secretary 4423 1712
Mrs Melissa Mazzo: PT Parish Secretary 4423 1712



St Michael's Playgroup – St Michael's School Hall Mondays 9:00am to 10:30am. Playgroup is held each Monday, *during the school term.*



Craft-Tea Characters – St Michael's The Parish Centre Wednesdays 9:30am to 12:00pm. There's more to it than craft you'll see. Like coffee, laughs, community, conversation and there's more. If you'll just walk in through the door. Give it a go and then you'll know, all you need to do is show. All Welcome. Contact Louise 0438 218 728.