



St Michael's Parish Nowra

Incorporates the Church communities of St Michael's - Nowra, St Patrick's - Berry, Sacred Heart - Bomaderry
Mary Help of Christians - Culburra, Holy Spirit - Vincentia & St Joseph's - Kangaroo Valley
Telephone: 4423 1712 Email: office@nowraparish.org.au Web: www.nowraparish.org.au

Second Sunday of Lent
17th March 2019



Sunday Masses:

Nowra: Vigil 6:00pm, 8:00am, 9:30am & 6:00pm
Berry: 8:00am
Bomaderry: 9:30am
Culburra: Vigil 6:00pm
Vincentia: Vigil 6:00pm & 9:30am
Kangaroo Valley: 11:00am

Weekday Masses

Nowra: Mon 7:00am, Tues/Wed / Thurs 8:15am
Fri 7:00 & 11:30am – (Holy Hour – 10:30am)
Sat: 9:00am
Berry: Tues – 5:30pm **Culburra:** Thurs – 5:30pm
Vincentia: Mon/Thurs/Fri 8:00am, Tues/Wed: 5:30pm
K. Valley: Tues/Wed/Thurs. 9:00am
Shoalhaven Heads: Fridays 3:30pm

Confession / Reconciliation

Nowra: Sat 9:30-10:30am & 5:00- 5:30pm
Culburra : Sat 5:30pm
Vincentia: Sat 5:00-5:30pm
Berry: following Mass Tuesday c 6:00pm

We prayerfully remember the recently deceased: **Anthony Farrugia, Keiron Hodgson Gloria Engelhardt, Dominic Mandile, and Chris Gratton.** Also the following whose anniversaries occur: **Anne Rouen, James Thomas Fryer, Alexandra Garnuszek, Jackie & Peter Fossey, Francene Devoy and Keith Sheehy Snr.** May they rest in peace.



Feastday: The Solemnity of St Patrick this year is transferred to Monday March 18th. Tuesday 19th The Feast of St Joseph

Sunday Roast – Sun 24th March at North Nowra Tavern from 12 noon. Come with a friend or on your own and meet up with fellow Parishioners to enjoy a roast dinner in great company. *All welcome!* Cost \$12.

St Patrick's Day-March 17th : The Liturgy of the 2nd Sunday of Lent takes precedence over the Feastday, so that Liturgically the celebration of St Patrick's Day is in fact to-morrow. The message of St Patrick's



Feast so evident in the brief Book his Confessions, is very relevant to Lent.

- Patrick was blessed the habitual practice of prayer, with the ability to forgive from the heart.
- He was freed from being held as a bitter victim of his past.
- He had a profound awareness of the Presence and goodness of God in the world of nature, and a mystical sense of the transcendent.

In the aftermath of Cardinal Pell's sentencing during the week, many people have felt bewildered and grief-stricken. To quote the Bishop "This is a difficult time for everyone as the pain of today is being felt by so many—it is a shared pain. Let us reaffirm our desire, broken as we are, to become the Church that Jesus calls us to be." Copies of the Bishop's brief pastoral response are available at Church doors.

"The Pastoral letter from Bishop Brian Mascord on the sentencing of Cardinal Pell" can also be found on the Parish website www.nowraparish.org.au

Rachel's Vineyard: Healing – For those dealing with the aftermath of Abortion. Rachel's Vineyard Ministries conducts healing retreats which are held regularly in the Sydney area offering women and men a spiritual way through grief and loss. The next healing retreat will be held **5-7 April** and **25-27 October 2019**. The retreat offers a sanctuary in which to renew, rebuild and redeem hearts broken by abortion in a safe, supportive, confidential and non-judgmental environment. **The confidential voicemail number is 0400 092 555.**



Gathered around the Cross - Join us for three Fridays in Lent at St Michael's, Nowra

Fri 29th Mar 7:00pm - An hour of quiet reflection around the Cross using Scripture, sung chants, prayer & symbols.

Fri 5th Apr 7:00pm - We unite ourselves with the sufferings of our contemporary world, with prayer in the spirit of the Way of the Cross.

Fri 12th Apr 7:00pm - We reflect on the Paschal Mystery in art imagery, concluding with Friday Vespers, the official Evening Prayer of the Church.

The question is daily asked: Will there be a replacement for Fr Duane? The answer is rather vague. The Bishop's intention is that there will be, but the replacement will most likely have to come from outside the Diocese, due to the shortage of priests within the Diocese. To meet our current Sunday Mass schedule, Fr Ronan has to celebrate three Masses in succession: 8:00am, 9:30am (Bomaderry) & 11am K' Valley. This cannot continue indefinitely; so that after Easter if there is no replacement, we will need to re-arrange some Mass times.

St John's High School Canteen are seeking volunteers to help in their canteen with morning food preparation, approximately 9am to 11am. No experience necessary, duties may include slicing & dicing, stocking fridges & washing up. If you are able to assist on a monthly basis please call Vicki on 44231359.

Youth Group starts up again on Sun 24th March for those in Years 5-8! Youth group is a welcoming & inclusive group that includes fun games, music, pizza and fellowship. Sign in 4pm at St Michael's Hall & pick up occurs after the 6pm Youth Mass. We had many young people come along to our monthly youth groups last year and this year we plan it to be even better!



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Samaritan Group Reminder: Remember the Nowra community offers emergency meals to people in times of special need. Let us know if you are aware of someone who might need this short-term care. New volunteers also welcome. Sue or Bev 44212260 or Bernadette 0402136691

Corrimal YCW (Young Christian Workers Movement 1960's and early 1970s) will be holding a reunion in February or March 2020. We are seeking ex-members from Corrimal and also the various Parish YCWs that operated within the Wollongong Diocese. Any Parish YCW ex member is more than welcome to come on board. We are seeking all ex members. Many have moved out of the area and it is hard to contact a lot of the ex-members. If anyone has any information regarding ex members and would like to contact the organising committee we would appreciate that you email to corrimalycw@gmail.com

In terms of the Church's Precept fasting and abstaining from meat apply to **Ash Wednesday and Good Friday**. During Lent however and on the Fridays of the year, we are directed to do penance, not only on our own account, but also in the name of the Church and of the world. Taking seriously our penitential obligations, we ought to carefully select the form of penance that we consider most appropriate for our own circumstances and for our own growth in the Christian life, (In brief we are encouraged to choose our own form of penance for the Fridays of Lent)



Project Compassion - material is now available at all churches in our Parish. We encourage parishioners to support this worthy & well proven aspect of our Lenten observance. Caritas Australia through Project Compassion support a wide range of Programs in many regions of the Developing World.

CATHOLIC DOW 2019 GATHERING - Sat 30th March.
An invitation is extended to the faithful of the Catholic DOW to attend the 2019 Diocesan Gathering 11am-3pm

to be held at St John the Evangelist Parish Hall, Campbelltown. The Gathering is an opportunity for people from across the Diocese to reflect on the issues raised in the Plenary Process in our Diocese. Lunch light provided. RSVP: helen.bennett@dow.org.au or 4222 2403 by Wed 27th Mar for catering purposes.



LIGHT TO THE NATIONS 2019 18th -21st April - is an Easter Pilgrimage event for Catholics (singles & families) aged 16+. Camp under the open skies with 1,000 other young people as we celebrate the Easter Triduum. Held in the grounds of Chevalier College, Bowral. Visit www.ltn.org.au for more information and register today.

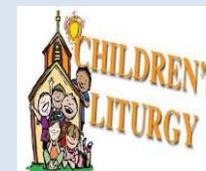
Prayer Basket, Nowra Church: The Alpha Team and Nowra Community Group have arranged a Prayer Basket in the side foyer. There are prayer cards where you can write a prayer intention and place it in the basket. An Alpha Team member will take the prayer intentions to the altar during the entrance procession.



St Michael's Playgroup - St Michael's School Hall Mondays 9:00am to 10:30am. Playgroup is held each Monday, during the school term.



Craft-Tea Characters - St Michael's The Parish Centre Wednesdays 9:30am to 12:00pm. There's more to it than craft you'll see. Like coffee, laughs, community, conversation and there's more. If you'll just walk in through the door. Give it a go and then you'll know, all you need to do is show. All Welcome. Contact Louise 0438 218 728.



Children's Liturgy Sunday 9:30am
St Michaels - children aged 4 and up gather together with our volunteer teachers to receive God's Word on their own level, in a fun and interactive way.



CAtHFAMILY brings you a selection of activities, prayer rituals, crafts and recipes for free from their website www.cathfamily.org. Families in the area are encouraged to utilise these resources at home to share faith with their kids.

The Journey Catholic Radio Program - Airs weekly. Go to www.jcr.org.au or www.itunes.jcr.org.au where you can subscribe to weekly shows.

Parish Staff - Parish Office: 4423 1712
Fr Patrick Faherty: Parish Priest, Nowra
Fr Leo Duck: Vincentia: 4441 5571
Fr Ronan Kilgannon: Kangaroo Valley
Deacon Peter Presdee: Chaplain to Corrective Services
Sisters Beverley Caffery and Sue Barker SGS
Mrs Frances Fairs: Catechist Coordinator 4423 1712
Mrs Michelle Marshall: PT Parish Secretary 4423 1712
Mrs Melissa Mazzo: PT Parish Secretary 4423 1712

Older Person Mental Health First Aid Course - Fri 22nd & Fri 29th March. A course to help people understand and relate to the mental health needs of older people. Annette Tesoriero (a parishioner of St Michael's) runs the course in West Nowra and is offering a special registration fee for fellow parishioners. Contact Annette 0416 723 893 or