



# St Michael's Parish Nowra

Incorporates the Church communities of St Michael's - Nowra, St Patrick's - Berry, Sacred Heart - Bomaderry  
Mary Help of Christians - Culburra, Holy Spirit - Vincentia & St Joseph's - Kangaroo Valley  
Telephone: 4423 1712 Email: [office@nowraparish.org.au](mailto:office@nowraparish.org.au) Web: [www.nowraparish.org.au](http://www.nowraparish.org.au)

## Feast of Corpus Christi 14th June 2020



### PARISH MASS TIMETABLE AT PRESENT

Weekend Masses	
<b>Saturday Vigil</b>	
Nowra	5:00pm
Culburra	5:00pm
Vincentia	5:00pm & 6:15pm
<b>Sunday</b>	
Nowra	8:00am
Nowra	9:30am
Nowra	5:00pm
Berry	8:00am
Bomaderry	9:30am
Kangaroo Valley	11:30am
Vincentia	9:00am & 10:15am

	Mon	Tues	Wed	Thur	Fri
Nowra	8am	8am	8am 5:30pm	8am	8am
Berry		5.30pm			
Culburra				5:30pm	
Bomaderry					5:30pm
Vincentia	8am	5:30pm	5:30pm	8:00am	8:00am

With the current easing of restrictions, we are allowed 50 parishioners at Mass, depending on size of the Church and social distancing requirements. However, throughout the Parish the number of parishioners allowed will vary for each Church.

### Mass Registration

- + To register for **SUNDAY MASS** at Berry, Bomaderry, Culburra and Nowra, please call **0477 427 396**.
  - o Please ring between 10am & 3pm Mon to Fri.
  - o Please do not leave a message or send text, as we cannot reply.
- + Pre-registration is NOT required for weekday Mass. Your contact details will be recorded.
- + Persons with coughs and /or flu like symptoms, are urged not to attend.
- + To register for Mass at Kangaroo Valley, please email [ronankangaroo1@gmail.com](mailto:ronankangaroo1@gmail.com)
- + For Mass at Vincentia, please call 4441 5723.
- + The Church is NOT open for private prayer



**The Feast of Corpus Christi originated in Liege, in Belgium in the mid-13<sup>th</sup> Century.**

**Titles: The Blessed Sacrament, The Real Presence, the Sacrament of Peace, The Bread of Life, The Bread from Heaven, Panis**

**Angelicus, The Sacrament of faith.**

All of these titles emphasise a certain dimension of the Eucharist, in which we believe, both in term of Sacrifice and Sacrament.

*"The varied scenario of celebrations of the Eucharist has given me a powerful experience of its universal and, so to speak, cosmic character. Yes, cosmic! Because even when it is celebrated on the humble altar of a country church, the Eucharist is always in some way celebrated on the altar of the world. It unites heaven and earth. It embraces and permeates all creation..." (Pope St John Paul 11)*

This statement is taken up beautifully in our Prayer at the offertory of the Mass: **"Blessed are you, Lord, God of all creation for through your goodness we have received the bread we offer you; fruit of the earth and work of human hands; it will become for us the bread of life"**.



Each Sunday at 9am, the Diocese currently broadcasts Sunday Mass with Bishop Brian. You can view it on the Diocesan website [www.dow.org.au](http://www.dow.org.au) or [YouTube Channel](#) or [Facebook page](#).

**Catechist Service Awards:** Please take a moment to consider how many years you have served as a catechist, children's liturgy and/or a volunteer for RCIA. Including this year, are you due for a service award? Service awards are for 10, 15, 20, 25 and 30+ years of service. Please contact Frances at the Parish Office.



We prayerfully remember **Frank Walsh**,(Berry), **Bill Allison** (Callala), **Caroline Brunner** (Canberra) . Also **Anne Monteith**, **Max Mintram** and **Ian Boyle** and all whose anniversaries occur. We pray for all who have died from the Covid-19 virus, in Australia and worldwide. May they rest in peace.



**Friday June 19<sup>th</sup> - The Feast of the Sacred Heart of Jesus.**

**PROJECT COMPASSION:** We are delighted to advise that we have forwarded close to **\$16,000** to CARITAS, from your contributions to Project Compassion. Some parishioners have been very generous indeed. Local Caritas agencies in conjunction with Caritas Australia are to the forefront in dealing with Covid-19. One such place is Zimbabwe. "Caritas Gokwe has also been distributing hygiene kits, including soap and hand sanitisers, protective equipment, such as masks, as well as helping the most vulnerable communities to make simple, makeshift 'tippy taps' for safe hand washing." Through your generous support, Caritas Gokwe, with Caritas Australia, is continuing to help Zimbabwe's most vulnerable communities during these challenging COVID times.



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*Feast of Corpus Christi*  
*14th June 2020*



### First Reading - A reading from the book of Deuteronomy

Moses said to the people: 'Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and know your inmost heart – whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord.

'Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known.'

### Responsorial Psalm

*(R.)* Praise the Lord, Jerusalem.

- O praise the Lord, Jerusalem!  
Zion, praise your God!  
He has strengthened the bars of your gates,  
he has blessed the children within you. *(R.)*
- He has established peace on your borders,  
he feeds you with finest wheat.  
He sends out his word to the earth  
and swiftly runs his command. *(R.)*
- He makes his word known to Jacob,  
to Israel his laws and decrees.  
He has not dealt thus with other nations.  
he has not taught them his decrees. *(R.)*

### Second Reading - A reading from the first letter of St Paul to the Corinthians

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

### Gospel Acclamation

Alleluia, alleluia!

I am the living bread from heaven, says the Lord.  
whoever eats this bread will live for ever.  
Alleluia!

### Gospel - A reading from the holy Gospel according to John

*Jesus said to the Jews:*

'I am the living bread which has come down from heaven.  
Anyone who eats this bread will live for ever;  
and the bread that I shall give  
is my flesh, for the life of the world.'

Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said. Jesus replied:

'I tell you most solemnly,  
if you do not eat the flesh of the Son of Man  
and drink his blood,  
you will not have life in you.  
Anyone who does eat my flesh and drink my blood  
has eternal life,  
and I shall raise him up on the last day.  
For my flesh is real food  
and my blood is real drink.  
He who eats my flesh and drinks my blood  
lives in me  
and I live in him.  
As I, who am sent by the living Father,  
myself draw life from the Father,  
so whoever eats me will draw life from me.  
This is the bread come down from heaven;  
not like the bread our ancestors ate:  
they are dead,  
but anyone who eats this bread will live for ever.'