



St Michael's Parish Nowra

Incorporates the Church communities of St Michael's - Nowra, St Patrick's - Berry, Sacred Heart - Bomaderry
Mary Help of Christians - Culburra, Holy Spirit - Vincentia & St Joseph's - Kangaroo Valley
Telephone: 4423 1712 Email: office@nowraparish.org.au Web: www.nowraparish.org.au

The Immaculate Heart of Mary 21st June 2020



PARISH MASS TIMETABLE AT PRESENT

| Weekend Masses | |
|-----------------------|------------------|
| Saturday Vigil | |
| Nowra | 5:00pm |
| Culburra | 5:00pm |
| Vincentia | 5:00pm & 6:15pm |
| Sunday | |
| Nowra | 8:00am |
| Nowra | 9:30am |
| Nowra | 5:00pm |
| Berry | 8:00am |
| Bomaderry | 9:30am |
| Kangaroo Valley | 11:00am |
| Vincentia | 9:00am & 10:15am |

| | Mon | Tues | Wed | Thur | Fri |
|-----------------|--------|--------|------------------|--------|--------------------|
| Nowra | 8:00am | 8:00am | 8:00am 5:30pm | 8:00am | 8:00 am 11:30am |
| Berry | | 5.30pm | | | |
| Culburra | | | | 5:30pm | |
| Bomaderry | | | | | 5:30pm |
| Vincentia | 8 am | 5:30pm | 5:30pm | 8:00am | 8:00am |
| Kangaroo Valley | | 9:00am | 9:00am | 9:00am | |

Further easing of restrictions update.

Under the NSW Public Health Act 2020 - the number of worshippers attending Mass is limited to the capacity of the Church, using the one person per square metre rule. The maximum worshippers our churches can seat is 50, but the maximum number will vary for each Church.

Mass Registration

- + Register for [Sunday Mass](#) Berry, Bomaderry, Culburra and Nowra, by calling [0477 427 396](tel:0477427396).
 - o **Phone between 10am & 3pm Mon to Fri.**
- + Pre-registration is NOT required for weekday Mass. However, your contact details will be recorded.
- + Persons with coughs and / or flu like symptoms, are urged not to attend.
- + To register for Mass at Kangaroo Valley, please email ronankangaroo1@gmail.com
- + For Mass at Vincentia, please call 4441 5723.
- + The Church is NOT yet open for private prayer



Each Sunday at 9am, the Diocese currently broadcasts Sunday Mass with Bishop Brian. You can view it on the Diocesan website www.dow.org.au or [YouTube Channel](#) or [Facebook page](#).

We prayerfully remember the recently deceased; also **Jack and Alice O'Heir** whose anniversaries occur. We pray for all who have died from the Covid-19 virus, in Australia and worldwide. May they rest in peace.



PLANNED GIVING ENVELOPES - the oncoming envelopes for the 2020/2021 financial year will be available, at Churches from next weekend 27th/28th June. Thank you for your ongoing financial support of our parish during the COVID-19 restrictions.



THE FEAST OF THE IMMACULATE HEART OF MARY

Today we observe our Diocesan Feast Day. Mary - is patroness of our Diocese, under the title of the Immaculate Heart of Mary.

This was the title chosen by Pope John XXIII when on 6th June 1959, he dedicated what was then a new Diocese to Our Lady.

The title is a devotional one, which originated in the 17th century concurrent with devotion to The Sacred Heart. The feasts and the devotions originated at a time when there emerged a Spirituality of the Heart.

The Immaculate Heart of Mary is referred to as the cradle of all Christian meditation on the mysteries and teaching of Christ her Son. She is that woman of courage and serenity who knew and trusted her son Jesus, He who calmed the troubled waters and the threatening storm.

There was a whole climate of conflict and confusion from which this title Immaculate Heart of Mary emerged. Europe and the Church had experienced the bitterness and animosity of the Reformation. Then there was the rigor and negativity of Calvinism and Jansenism in the 16th & 17th centuries seeking to counter-act the moral and theological laxness of the era.

There emerged a movement of the 'spirit' calling for a return to the core of the Gospel i.e. the Love, the Mercy, and Compassion of Jesus. Today we take as our model and inspiration Mary -The woman of faith, the woman of courage, the woman of compassion, the woman for others.

Feastdays: Mon 22nd St John Fisher and Thomas More (English martyrs)

Wed 24th The Birth of St John the Baptist.

"The Eucharist is not simply an act of remembrance; it is a fact the Lord's Passover is made present once again for us. In Mass, the death and resurrection of Jesus are set before us," Pope Francis - June 14.



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First Reading - from the prophet Jeremiah

Jeremiah said:

'I hear so many disparaging me,
 "Terror from every side!
 Denounce him! Let us denounce him!"
 All those who used to be my friends
 watched for my downfall,
 "Perhaps he will be seduced into error.
 Then we will master him
 and take our revenge!"
 But the Lord is at my side, a mighty hero;
 my opponents will stumble, mastered,
 confounded by their failure;
 everlasting, unforgettable disgrace will be theirs.
 But you, Lord of Hosts, you who probe with justice,
 who scrutinise the loins and heart,
 let me see the vengeance you will take on them,
 for I have committed my cause to you.
 Sing to the Lord, praise the Lord,
 for he has delivered the soul of the needy
 from the hands of evil men.'

Responsorial Psalm

(R.) Lord, in your great love, answer me.

1. It is for you that I suffer taunts,
 that shame covers my face,
 that I have become a stranger to my brothers,
 an alien to my own mother's sons.
 I burn with zeal for your house
 and taunts against you fall on me. (R.)
2. This is my prayer to you,
 my prayer for your favour.
 In your great love, answer me, O God,
 with your help that never fails:
 Lord, answer, for your love is kind;
 in your compassion, turn towards me. (R.)

3. The poor when they see it will be glad
 and God-seeking hearts will revive;
 for the Lord listens to the needy
 and does not spurn his servants in their chains.
 Let the heavens and the earth give him praise,
 the sea and all its living creatures. (R.)

Second Reading - A reading from the letter of St Paul to the Romans

Sin entered the world through one man, and through sin death, and thus death has spread through the whole human race because everyone has sinned. Sin existed in the world long before the Law was given. There was no law and so no one could be accused of the sin of 'law-breaking', yet death reigned over all from Adam to Moses, even though their sin, unlike that of Adam, was not a matter of breaking a law.

Adam prefigured the One to come, but the gift itself considerably outweighed the fall. If it is certain that through one man's fall so many died, it is even more certain that divine grace, coming through the one man, Jesus Christ, came to so many as an abundant free gift.

Gospel Acclamation

Alleluia, alleluia!

The Spirit of Truth will bear witness to me, says the Lord, and you also will be my witnesses. Alleluia!

Gospel - A reading from the holy Gospel according to Matthew

Jesus instructed the Twelve as follows: 'Do not be afraid. For everything that is now covered will be uncovered, and everything now hidden will be made clear. What I say to you in the dark, tell in the daylight; what you hear in whispers, proclaim from the housetops.

'Do not be afraid of those who kill the body but cannot kill the soul; fear him rather who can destroy both body and soul in hell. Can you not buy two sparrows for a penny? And yet not one falls to the ground without your Father knowing. Why, every hair on your head has been counted. So, there is no need to be afraid; you are worth more than hundreds of sparrows.

'So if anyone declares himself for me in the presence of men, I will declare myself for him in the presence of my Father in heaven. But the one who disowns me in the presence of men, I will disown in the presence of my Father in heaven.'